

**ROUTE 193**

**Barking - Ilford - Romford - Hornchurch - Upminster Park Estate**

P.M. times are in heavy figures

Via London Road, East Street (return via North Street), Longbridge Road, Fanshawe Avenue, Ilford Lane, High Road Ilford, London Road, High Street Romford, South Street, Hornchurch Road, High Street Hornchurch, Upminster Road, St. Mary's Lane, Station Road, Hall Lane, Avon Road, Front Lane, Roseberry Gardens, Waycross Road (return via Brunswick Avenue).

**RAILWAY STATIONS SERVED OR NEAR :** Barking, Ilford, Seven Kings, Goodmayes, Chadwell Heath, Romford, Upminster Bridge, Upminster.

Service interval: MON. to FRI. 10-15 mins. (eve. 20 mins.); SAT. Barking-Chadwell Heath 7-8 mins. (before 8 o.a.m. and eve. 15 mins.), Chadwell Heath-Hornchurch *LT Garage* 15 mins. (aft. 9 mins.), Hornchurch *LT Garage*-Upminster Park Estate 15 mins. The intervals between buses may be longer in the early morning and late evening.

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	MONDAY to FRIDAY										SATURDAY												
	First					Last					First					Last							
BARKING <i>London Road</i> .....	....	....	....	5 43	....	....	....	10 23	10 43	11 24	11 49	....	....	....	5 44	....	....	....	10 23	11 6	11 31	11 49	....
Barking <i>Fanshawe Avenue</i> ..	..	..	..	5 45	..	..	..	10 25	10 45	11 26	11 51	..	..	..	5 46	..	..	..	10 25	11 8	11 33	11 51	..
Ilford <i>Broadway</i> .....	....	....	....	5 52	....	....	....	10 32	10 52	11 33	11 58	....	....	....	5 53	....	....	....	10 32	11 15	11 40	11 58	12 10
Seven Kings <i>LT Garage</i> .....	..	5 5	5 48	6 1	..	..	..	10 41	11 1	11 42	12 7	..	5 29	5 48	6 2	..	..	..	10 41	11 24	11 49	12 7	12 19
Chadwell Heath <i>Station Road</i> .....	..	7 5	5 4	6 7	..	..	..	10 47	11 7	11 48	12 14	..	7 5	5 4	6 8	..	..	..	10 47	11 30	11 55	12 14	12 25
Romford <i>Golden Lion</i> .....	..	..	6 4	6 17	..	..	..	10 57	11 17	11 58	..	..	..	6 4	6 18	..	..	..	10 57	11 40	12 5	..	12 35
Romford <i>Station</i> .....	....	....	6 7	6 20	....	....	....	11 0	11 20	12 1	..	....	....	6 7	6 21	....	....	....	11 0	11 43	12 8	..	12 38
Hornchurch <i>LT Garage</i> .....	5 23	..	6 13	6 26	..	..	..	11 6	11 26	12 7	..	5 23	..	6 13	6 27	..	..	..	11 6	11 49	12 14	..	12 44
Hornchurch <i>White Hart</i> .....	5 27	..	6 17	6 30	..	..	..	11 10	..	..	..	5 27	..	6 17	6 31	..	..	..	11 10	11 53	..	..	..
Upminster <i>Station</i> .....	5 34	..	6 24	6 37	..	..	..	11 17	..	..	..	5 34	..	6 24	6 38	..	..	..	11 17	12 0	..	..	..
UPMINSTER PARK EST. <i>Waycross Road</i> ..	5 42	..	6 32	6 45	..	..	..	11 25	..	..	..	5 42	..	6 32	6 46	..	..	..	11 25	..	..	..	..
UPMINSTER PARK EST. <i>Waycross Road</i> ..	....	....	5 45	....	....	....	....	10 35	11 10	11 30	....	....	....	....	5 45	....	....	....	10 42	11 12	11 30	....	....
Upminster <i>Station</i> .....	..	..	5 53	..	..	..	..	10 43	11 18	11 38	..	..	..	..	5 53	..	..	..	10 50	11 20	11 38	12 11	..
Hornchurch <i>White Hart</i> .....	..	..	6 0	..	..	..	..	10 50	11 25	11 45	..	..	..	..	6 0	..	..	..	10 57	11 27	11 45	12 18	..
Hornchurch <i>LT Garage</i> .....	..	5 34	6 4	..	..	..	..	10 54	11 29	11 49	..	..	5 34	6 4	..	..	..	..	11 1	11 31	11 49	12 22	..
Romford <i>Station</i> .....	....	5 40	6 10	....	....	....	....	11 0	11 35	..	..	....	5 40	6 10	....	....	....	....	11 7	11 37	11 55	..	..
Romford <i>Golden Lion</i> .....	..	..	5 43	6 13	..	..	..	11 3	11 38	..	*	..	..	5 43	6 13	..	..	..	11 10	11 40	11 58	..	..
Chadwell Heath <i>Station Road</i> .....	7 5	14	5 53	6 23	..	..	..	11 13	11 48	..	12 16	7 5	14	5 53	6 23	..	..	..	11 20	11 50	12 8	..	12 16
Seven Kings <i>LT Garage</i> .....	5 20	5 59	6 29	..	..	..	..	11 19	11 54	..	12 22	5 20	5 44	5 59	6 29	..	..	..	11 26	11 56	12 14	..	12 22
Ilford <i>Broadway</i> .....	5 28	6 7	6 37	..	..	..	..	11 27	..	..	..	5 28	5 52	6 7	6 37	..	..	..	11 34	12 6	..	..	..
Barking <i>Fanshawe Avenue</i> .....	5 35	6 14	6 44	..	..	..	..	11 34	..	..	..	5 35	5 59	6 14	6 44	..	..	..	11 41	..	..	..	..
BARKING <i>London Road</i> .....	5 39	6 18	6 48	..	..	..	..	11 38	..	..	..	5 39	6 3	6 18	6 48	..	..	..	11 45	..	..	..	..

\*-Early or late journey. †-Time at Chadwell Heath *Wangey Road*.