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East Ham – Leyton – Walthamstow

58		Mondays to Fridays																
East Ham White Horse	0440	0500	0520	0540	0600	0615	0627	0637	0645	0655	0704	0713	0723	0734	0743	0753	0805	0817
East Ham Newham Town Hall	0442	0502	0522	0542	0602	0617	0629	0639	0647	0657	0706	0715	0725	0736	0745	0755	0807	0819
Upton Park Boleyn	0445	0505	0525	0545	0605	0620	0632	0642	0650	0700	0710	0719	0729	0741	0750	0802	0814	0826
Forest Gate Police Station	0450	0510	0530	0550	0610	0625	0637	0647	0655	0705	0715	0724	0736	0748	0759	0811	0823	0835
Forest Gate Station	0453	0513	0533	0553	0613	0628	0640	0650	0658	0708	0718	0728	0740	0752	0804	0816	0828	0840
Cann Hall Road Lake House Road	0456	0516	0536	0556	0616	0631	0643	0653	0701	0712	0722	0732	0744	0756	0808	0820	0832	0844
Leytonstone Thatched House	0459	0519	0539	0559	0619	0634	0646	0656	0704	0715	0726	0738	0750	0802	0814	0826	0838	0850
Leyton Station	0502	0522	0542	0602	0622	0637	0649	0659	0709	0721	0733	0745	0757	0809	0821	0833	0845	0857
Markhouse Corner	0508	0528	0548	0610	0630	0645	0657	0709	0720	0732	0744	0756	0808	0821	0833	0845	0857	0909
Walthamstow Central Station	0514	0534	0554	0616	0636	0651	0703	0715	0727	0739	0751	0804	0817	0830	0842	0854	0906	0918
East Ham White Horse	0829	0841	0853	0905	0917	0929	Then every 12 minutes until	1429	1441	1453	1503	1514	Then every 12 minutes until	1738	1750	1802		
East Ham Newham Town Hall	0831	0843	0855	0907	0919	0931		1431	1443	1455	1505	1516		1740	1752	1804		
Upton Park Boleyn	0838	0850	0902	0914	0926	0938		1438	1450	1502	1512	1523		1747	1759	1811		
Forest Gate Police Station	0847	0859	0911	0923	0936	0949		1449	1501	1513	1523	1534		1758	1810	1822		
Forest Gate Station	0852	0904	0916	0928	0941	0954		1454	1506	1518	1528	1540		1804	1816	1828		
Cann Hall Road Lake House Road	0856	0908	0920	0933	0946	0959		1459	1511	1523	1533	1545		1809	1821	1833		
Leytonstone Thatched House	0902	0914	0926	0938	0951	1004		1504	1516	1528	1539	1551		1815	1827	1838		
Leyton Station	0909	0921	0933	0944	0956	1009		1509	1521	1533	1545	1557		1821	1833	1843		
Markhouse Corner	0921	0933	0945	0956	1008	1021		1521	1533	1545	1557	1609		1833	1843	1853		
Walthamstow Central Station	0930	0940	0952	1003	1015	1028	1528	1541	1553	1605	1617	1841	1851	1901				
East Ham White Horse	1814	1826	1838	1850	1902	1915	1930	1945	2000	2015	2030	2045	2100	2115	2130	Then every 15 minutes until	2245	
East Ham Newham Town Hall	1816	1828	1840	1852	1904	1917	1932	1947	2002	2017	2032	2047	2102	2117	2132		2247	
Upton Park Boleyn	1823	1835	1846	1858	1910	1923	1938	1953	2007	2022	2037	2052	2107	2122	2136		2251	
Forest Gate Police Station	1834	1846	1857	1909	1921	1934	1949	2004	2016	2031	2046	2101	2116	2131	2143		2258	
Forest Gate Station	1839	1851	1902	1914	1926	1939	1954	2008	2020	2035	2050	2105	2120	2135	2147		2302	
Cann Hall Road Lake House Road	1844	1856	1907	1919	1931	1944	1959	2012	2024	2039	2054	2109	2124	2139	2151		2306	
Leytonstone Thatched House	1849	1901	1912	1924	1936	1949	2004	2016	2028	2043	2058	2113	2128	2142	2154		2309	
Leyton Station	1854	1906	1917	1929	1941	1954	2008	2020	2032	2047	2102	2117	2132	2146	2158		2313	
Markhouse Corner	1904	1916	1927	1939	1951	2004	2016	2028	2040	2055	2110	2125	2139	2153	2205		2320	
Walthamstow Central Station	1912	1924	1935	1947	1959	2012	2024	2036	2048	2103	2118	2133	2146	2200	2212	2327		
East Ham White Horse	2300	2315	2330	2345	2400	0015	0045											
East Ham Newham Town Hall	2302	2317	2332	2347	0002	0017	0047											
Upton Park Boleyn	2306	2321	2335	2350	0005	0020	0050											
Forest Gate Police Station	2313	2328	2341	2355	0010	0025	0055											
Forest Gate Station	2317	2332	2344	2358	0013	0028	0058											
Cann Hall Road Lake House Road	2321	2335	2347	0001	0016	0031	0101											
Leytonstone Thatched House	2324	2338	2350	0004	0019	0034	0104											
Leyton Station	2328	2341	2353	0007	0022	0037	0107											
Markhouse Corner	2335	2347	2359	0013	0028	0043	0113											
Walthamstow Central Station	2341	2353	0005	0019	0034	0049	0119											

58		Saturdays (also Good Friday)																
East Ham White Horse	0440		0600	0615	0630		0745	0800	0815	0830	0844	0856	0908	0918	0928	0938		
East Ham Newham Town Hall	0442		0602	0617	0632		0747	0802	0817	0832	0846	0858	0910	0920	0930	0940		
Upton Park Boleyn	0445		0605	0620	0636		0751	0806	0821	0836	0850	0902	0914	0924	0934	0944		
Forest Gate Police Station	0450	Then	0610	0625	0643	Then	0758	0813	0828	0843	0857	0909	0921	0931	0942	0954		
Forest Gate Station	0453	every 20	0613	0628	0646	every 15	0801	0816	0831	0846	0900	0912	0924	0934	0946	0958		
Cann Hall Road Lake House Road	0456	minutes	0616	0631	0650	minutes	0805	0820	0836	0851	0905	0917	0929	0939	0951	1003		
Leytonstone Thatched House	0459	until	0619	0634	0653	until	0808	0823	0840	0855	0909	0921	0933	0944	0956	1008		
Leyton Station	0502		0622	0638	0657		0812	0827	0844	0859	0913	0925	0937	0949	1001	1013		
Markhouse Corner	0508		0628	0646	0705		0820	0835	0853	0908	0922	0934	0947	1000	1012	1024		
Walthamstow Central Station	0514		0634	0653	0712		0827	0844	0902	0917	0932	0945	0958	1011	1023	1035		
East Ham White Horse	0948	0958	1008	1020	1032	1043	1055	1106		1654	1706	1718	1730	1742	1754	1806	1818	
East Ham Newham Town Hall	0950	1000	1010	1022	1034	1045	1057	1108		1656	1708	1720	1732	1744	1756	1808	1820	
Upton Park Boleyn	0954	1004	1016	1028	1040	1051	1103	1115		1703	1715	1727	1739	1751	1803	1814	1826	
Forest Gate Police Station	1006	1018	1030	1042	1054	1105	1117	1129	Then	1717	1729	1741	1753	1805	1815	1825	1837	
Forest Gate Station	1010	1022	1034	1046	1058	1110	1122	1134	every 12	1722	1734	1746	1758	1810	1820	1830	1842	
Cann Hall Road Lake House Road	1015	1027	1039	1051	1103	1115	1127	1139	minutes	1727	1739	1751	1803	1815	1825	1835	1847	
Leytonstone Thatched House	1020	1032	1044	1056	1108	1120	1132	1144	until	1732	1744	1756	1808	1820	1830	1840	1852	
Leyton Station	1025	1037	1049	1101	1113	1125	1137	1149		1737	1749	1801	1813	1825	1835	1845	1857	
Markhouse Corner	1036	1048	1100	1112	1124	1136	1148	1200		1748	1800	1812	1823	1835	1845	1855	1907	
Walthamstow Central Station	1047	1059	1112	1124	1136	1148	1200	1212		1800	1810	1820	1831	1843	1853	1903	1915	
East Ham White Horse	1830	1845	1900	1915	1930	1945			Then	2045	2100	2115	2130		2245	2300	2315	2330
East Ham Newham Town Hall	1832	1847	1902	1917	1932	1947			every 15	2047	2102	2117	2132		2247	2302	2317	2332
Upton Park Boleyn	1838	1853	1908	1923	1938	1952			minutes	2052	2107	2122	2136		2251	2306	2321	2335
Forest Gate Police Station	1849	1904	1919	1934	1948	2001	Then	2101	2116	2131	2143	Then	2258	2313	2328	2340		
Forest Gate Station	1854	1909	1924	1938	1952	2005	every 15	2105	2120	2135	2147	every 15	2302	2317	2332	2344		
Cann Hall Road Lake House Road	1859	1914	1929	1942	1956	2009	minutes	2109	2124	2139	2151	minutes	2306	2321	2335	2347		
Leytonstone Thatched House	1904	1919	1934	1946	2000	2013	until	2113	2128	2142	2154	until	2309	2324	2338	2350		
Leyton Station	1909	1924	1939	1951	2004	2017		2117	2132	2146	2158		2313	2328	2341	2353		
Markhouse Corner	1919	1934	1947	1959	2012	2025		2125	2139	2153	2205		2320	2335	2347	2359		
Walthamstow Central Station	1927	1942	1955	2007	2020	2033		2133	2146	2200	2212		2327	2341	2353	0005		
East Ham White Horse	2345	2400	0015	0045														
East Ham Newham Town Hall	2347	0002	0017	0047														
Upton Park Boleyn	2350	0005	0020	0050														
Forest Gate Police Station	2355	0010	0025	0055														
Forest Gate Station	2358	0013	0028	0058														
Cann Hall Road Lake House Road	0001	0016	0031	0101														
Leytonstone Thatched House	0004	0019	0034	0104														
Leyton Station	0007	0022	0037	0107														
Markhouse Corner	0013	0028	0043	0113														
Walthamstow Central Station	0019	0034	0049	0119														
58		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
East Ham White Horse	0440		0640	0655	0710	0725	0740			0840	0854	0906	0918	0930			1645	
East Ham Newham Town Hall	0442		0642	0657	0712	0727	0742			0842	0856	0908	0920	0932			1647	
Upton Park Boleyn	0445		0645	0700	0715	0730	0746			0846	0900	0912	0924	0937			1652	
Forest Gate Police Station	0450	Then	0650	0705	0721	0737	0754	Then		0854	0908	0920	0933	0948	Then		1703	
Forest Gate Station	0453	every 20	0653	0708	0724	0741	0758	every 15		0858	0912	0924	0938	0953	every 15		1708	
Cann Hall Road Lake House Road	0456	minutes	0656	0711	0728	0745	0802	minutes		0902	0916	0928	0942	0957	minutes		1712	
Leytonstone Thatched House	0459	until	0659	0714	0731	0748	0805	until		0905	0919	0932	0947	1002	until		1717	
Leyton Station	0502		0702	0718	0735	0752	0809			0909	0923	0937	0952	1007			1722	
Markhouse Corner	0508		0708	0725	0742	0759	0816			0916	0931	0946	1001	1016			1731	
Walthamstow Central Station	0514		0714	0732	0749	0806	0823			0923	0939	0954	1009	1024			1739	
East Ham White Horse	1700	1715	1730	1745	1800	1815	1830	1845	1900		2245	2300	2315	2330	2345	2400	0015	0045
East Ham Newham Town Hall	1702	1717	1732	1747	1802	1817	1832	1847	1902		2247	2302	2317	2332	2347	0002	0017	0047
Upton Park Boleyn	1707	1722	1737	1751	1806	1821	1836	1851	1906	Then	2251	2306	2321	2335	2350	0005	0020	0050
Forest Gate Police Station	1718	1733	1746	1800	1815	1830	1845	1900	1913	every	2258	2313	2328	2340	2355	0010	0025	0055
Forest Gate Station	1723	1737	1750	1804	1819	1834	1849	1904	1917	15	2302	2317	2332	2343	2358	0013	0028	0058
Cann Hall Road Lake House Road	1727	1741	1754	1808	1823	1838	1853	1908	1921	mins.	2306	2321	2335	2346	0001	0016	0031	0101
Leytonstone Thatched House	1732	1745	1758	1812	1827	1842	1857	1911	1924	until	2309	2324	2338	2349	0004	0019	0034	0104
Leyton Station	1736	1749	1802	1816	1831	1846	1901	1915	1928		2313	2328	2341	2352	0007	0022	0037	0107
Markhouse Corner	1744	1757	1810	1824	1839	1854	1908	1922	1935		2320	2335	2347	2358	0013	0028	0043	0113
Walthamstow Central Station	1752	1805	1818	1832	1847	1902	1915	1929	1942		2327	2341	2353	0004	0019	0034	0049	0119

58		Mondays to Fridays																
Walthamstow Central Station	0500	0520	0540	0557	0610	0623	0634	0645	0654	0704	0713	0721	0729	0738	0748	0758	0808	0820
Markhouse Corner	0506	0526	0546	0603	0618	0631	0642	0653	0702	0712	0721	0730	0742	0754	0804	0816	0828	0840
Leyton Station	0512	0532	0552	0610	0625	0638	0649	0700	0710	0720	0729	0741	0753	0805	0817	0829	0841	0853
Leytonstone Thatched House	0515	0535	0555	0614	0629	0642	0653	0704	0714	0724	0733	0745	0757	0809	0821	0833	0845	0857
Cann Hall Road Lake House Road	0518	0538	0558	0617	0632	0645	0656	0707	0717	0727	0738	0750	0802	0814	0826	0838	0850	0902
Forest Gate Station	0521	0541	0601	0621	0636	0649	0700	0711	0721	0731	0743	0755	0807	0819	0831	0843	0855	0907
Forest Gate Police Station	0524	0544	0604	0624	0639	0652	0703	0714	0726	0737	0749	0801	0813	0825	0837	0849	0901	0913
Upton Park Boleyn	0529	0549	0610	0630	0645	0658	0710	0721	0733	0745	0757	0809	0821	0833	0845	0857	0909	0921
East Ham Newham Town Hall	0532	0552	0614	0634	0649	0702	0715	0727	0739	0751	0803	0815	0827	0839	0851	0903	0915	0928
East Ham White Horse	0534	0554	0616	0636	0651	0704	0717	0729	0741	0753	0805	0817	0829	0841	0853	0905	0917	0930
Walthamstow Central Station	0831	0843	0855	0907	0919	0931	0943	0955	1007	Then every 12 minutes until	1431	1442	1452	1502	1512	1522	1532	
Markhouse Corner	0851	0903	0915	0927	0939	0949	0957	1007	1017		1441	1452	1503	1515	1527	1539	1551	
Leyton Station	0904	0916	0928	0940	0950	0959	1007	1017	1027		1451	1502	1513	1525	1537	1549	1601	
Leytonstone Thatched House	0908	0920	0932	0944	0954	1003	1011	1021	1031		1455	1507	1518	1530	1542	1554	1606	
Cann Hall Road Lake House Road	0913	0925	0938	0950	1000	1009	1017	1027	1037		1501	1513	1524	1536	1548	1600	1612	
Forest Gate Station	0918	0931	0944	0956	1006	1015	1023	1033	1043		1507	1519	1530	1542	1554	1606	1618	
Forest Gate Police Station	0924	0935	0948	1000	1010	1019	1027	1037	1047		1511	1523	1535	1547	1559	1611	1623	
Upton Park Boleyn	0932	0944	0957	1009	1019	1028	1036	1046	1056		1520	1532	1544	1556	1608	1620	1632	
East Ham Newham Town Hall	0941	0953	1006	1018	1028	1037	1045	1055	1105		1529	1541	1553	1605	1617	1629	1641	
East Ham White Horse	0943	0955	1008	1020	1030	1039	1047	1057	1107	1531	1543	1555	1607	1619	1631	1643		
Walthamstow Central Station	1544	Then every 12 minutes until	1720	1732	1744	1756	1808	1820	1832	1844	1856	1908	1922	1937	1952	2007	2022	
Markhouse Corner	1603		1739	1751	1803	1815	1827	1839	1849	1857	1907	1919	1932	1947	2002	2016	2031	
Leyton Station	1613		1749	1801	1813	1825	1837	1849	1859	1907	1917	1929	1942	1957	2011	2024	2039	
Leytonstone Thatched House	1618		1754	1806	1818	1830	1842	1854	1904	1912	1922	1934	1947	2002	2016	2028	2043	
Cann Hall Road Lake House Road	1624		1800	1812	1824	1835	1847	1859	1909	1917	1927	1939	1952	2007	2019	2031	2046	
Forest Gate Station	1630		1806	1818	1830	1840	1852	1904	1914	1922	1932	1944	1957	2012	2024	2036	2051	
Forest Gate Police Station	1635		1811	1823	1835	1845	1857	1909	1919	1927	1937	1949	2002	2016	2028	2040	2055	
Upton Park Boleyn	1644		1820	1832	1844	1854	1906	1918	1928	1936	1946	1958	2010	2023	2035	2047	2102	
East Ham Newham Town Hall	1653		1829	1839	1851	1901	1913	1925	1935	1943	1953	2005	2016	2028	2040	2052	2107	
East Ham White Horse	1655	1831	1841	1853	1903	1915	1927	1937	1945	1955	2007	2018	2030	2042	2054	2109		
Walthamstow Central Station	2037	2052	2107	2122	2137	Then every 15 minutes until	2252	2307	2322	2337	2352	0007	0037	0107				
Markhouse Corner	2046	2101	2116	2131	2144		2259	2314	2329	2343	2358	0013	0043	0113				
Leyton Station	2054	2109	2124	2139	2152		2307	2322	2337	2349	0004	0019	0049	0119				
Leytonstone Thatched House	2058	2113	2128	2143	2156		2311	2326	2340	2352	0007	0022	0052	0122				
Cann Hall Road Lake House Road	2101	2116	2131	2146	2159		2314	2329	2343	2355	0010	0025	0055	0125				
Forest Gate Station	2106	2121	2135	2150	2203		2318	2333	2346	2358	0013	0028	0058	0128				
Forest Gate Police Station	2110	2125	2139	2154	2207		2322	2337	2349	0001	0016	0031	0101	0131				
Upton Park Boleyn	2117	2132	2146	2201	2214		2329	2342	2354	0006	0021	0036	0106	0136				
East Ham Newham Town Hall	2122	2136	2150	2205	2218		2333	2345	2357	0009	0024	0039	0109	0139				
East Ham White Horse	2124	2138	2152	2207	2220	2335	2347	2359	0011	0026	0041	0111	0141					
58		Saturdays (also Good Friday)																
Walthamstow Central Station	0500	0520	0540	0600	0620	0640	Then every 20 minutes until	0800	0815	0828	0841	0853	0905	0916	0926	0936	0946	
Markhouse Corner	0506	0526	0546	0606	0626	0646		0806	0821	0834	0848	0900	0912	0923	0933	0943	0953	
Leyton Station	0512	0532	0552	0612	0632	0653		0813	0828	0843	0857	0909	0921	0932	0942	0952	1002	
Leytonstone Thatched House	0515	0535	0555	0615	0636	0657		0817	0832	0847	0901	0913	0925	0936	0946	0956	1007	
Cann Hall Road Lake House Road	0518	0538	0558	0618	0639	0700		0820	0836	0851	0905	0917	0929	0940	0950	1000	1012	
Forest Gate Station	0521	0541	0601	0621	0642	0703		0823	0841	0856	0910	0922	0934	0945	0955	1006	1018	
Forest Gate Police Station	0524	0544	0604	0624	0646	0707		0827	0845	0900	0914	0926	0938	0949	0959	1011	1023	
Upton Park Boleyn	0529	0549	0609	0629	0653	0714		0834	0854	0909	0923	0935	0947	0959	1011	1023	1035	
East Ham Newham Town Hall	0532	0552	0612	0632	0657	0718		0838	0858	0913	0927	0939	0952	1005	1018	1030	1042	
East Ham White Horse	0534	0554	0614	0634	0659	0720	0840	0900	0915	0929	0941	0954	1007	1020	1032	1044		
Walthamstow Central Station	0957	1008	1020	1032	1043	1054	1104	Then every 12 minutes until	1704	1716	1728	1740	1752	1804	1816	1828	1840	
Markhouse Corner	1004	1016	1028	1040	1051	1103	1115		1715	1727	1739	1751	1803	1814	1826	1838	1850	
Leyton Station	1014	1026	1038	1050	1101	1113	1125		1725	1737	1749	1801	1813	1824	1836	1848	1900	
Leytonstone Thatched House	1019	1031	1043	1055	1106	1118	1130		1730	1742	1754	1806	1818	1829	1841	1853	1905	
Cann Hall Road Lake House Road	1024	1036	1048	1100	1112	1124	1136		1736	1748	1800	1811	1823	1834	1846	1858	1910	
Forest Gate Station	1030	1042	1054	1106	1118	1130	1142		1742	1754	1805	1816	1828	1839	1851	1903	1915	
Forest Gate Police Station	1035	1047	1059	1111	1123	1135	1147		1747	1759	1810	1821	1833	1844	1856	1908	1920	
Upton Park Boleyn	1047	1059	1111	1123	1135	1147	1159		1759	1811	1821	1831	1843	1854	1906	1918	1930	
East Ham Newham Town Hall	1054	1107	1120	1132	1144	1156	1208		1808	1818	1828	1838	1849	1900	1912	1924	1935	
East Ham White Horse	1056	1109	1122	1134	1146	1158	1210	1810	1820	1830	1840	1851	1902	1914	1926	1937		

58 Saturdays (also Good Friday) (cont.)																	
Walthamstow Central Station	1852	1907	1922	1937		2037	2052	2107	2122	2137		2252	2307	2322	2337	2352	
Markhouse Corner	1902	1917	1932	1945		2045	2100	2115	2130	2144		2259	2314	2329	2343	2358	
Leyton Station	1912	1927	1940	1953		2053	2108	2123	2138	2152		2307	2322	2337	2349	0004	
Leytonstone Thatched House	1917	1932	1944	1957	Then every 15 minutes until	2057	2112	2127	2142	2156	Then every 15 minutes until	2311	2326	2340	2352	0007	
Cann Hall Road Lake House Road	1922	1935	1947	2000		2100	2115	2130	2145	2159		2314	2329	2343	2355	0010	
Forest Gate Station	1927	1940	1952	2005		2105	2120	2134	2149	2203		2318	2333	2346	2358	0013	
Forest Gate Police Station	1932	1944	1956	2009		2109	2124	2138	2153	2207		2322	2336	2349	0001	0016	
Upton Park Boleyn	1940	1952	2004	2017		2117	2132	2145	2200	2214		2329	2341	2354	0006	0021	
East Ham Newham Town Hall	1945	1957	2009	2022	2122	2136	2149	2204	2218	2333	2345	2357	0009	0024			
East Ham White Horse	1947	1959	2011	2024	2124	2138	2151	2206	2220	2335	2347	2359	0011	0026			
Walthamstow Central Station	0007	0037	0107														
Markhouse Corner	0013	0043	0113														
Leyton Station	0019	0049	0119														
Leytonstone Thatched House	0022	0052	0122														
Cann Hall Road Lake House Road	0025	0055	0125														
Forest Gate Station	0028	0058	0128														
Forest Gate Police Station	0031	0101	0131														
Upton Park Boleyn	0036	0106	0136														
East Ham Newham Town Hall	0039	0109	0139														
East Ham White Horse	0041	0111	0141														
58 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Walthamstow Central Station	0500			0620	0640	0700	0720	0740	0800	0815	0830	0845	0858	0911	0925	0939	1654
Markhouse Corner	0506			0626	0646	0706	0726	0746	0806	0821	0836	0851	0904	0917	0931	0947	1702
Leyton Station	0512			0632	0652	0712	0733	0754	0814	0829	0844	0859	0912	0925	0940	0956	1711
Leytonstone Thatched House	0515	Then every 20 minutes until		0635	0655	0716	0737	0758	0818	0833	0848	0903	0916	0929	0944	1000	1715
Cann Hall Road Lake House Road	0518		0638	0658	0719	0740	0801	0821	0836	0851	0906	0919	0932	0948	1004	1004	1719
Forest Gate Station	0521		0641	0701	0722	0743	0804	0824	0839	0854	0909	0922	0937	0953	1009	1009	1724
Forest Gate Police Station	0524		0644	0705	0726	0747	0808	0828	0843	0858	0913	0926	0941	0957	1013	1013	1728
Upton Park Boleyn	0529		0649	0711	0733	0755	0816	0836	0851	0906	0921	0936	0952	1008	1024	1024	1739
East Ham Newham Town Hall	0532	0652	0714	0736	0758	0819	0839	0854	0909	0925	0941	0957	1013	1029	1029	1744	
East Ham White Horse	0534	0654	0716	0738	0800	0821	0841	0856	0911	0927	0943	0959	1015	1031	1031	1746	
Walthamstow Central Station	1709	1724	1739	1753	1807	1822	1837		2007	2022	2037	2052		2252	2307	2322	
Markhouse Corner	1717	1732	1746	1800	1814	1829	1844		2014	2029	2044	2059		2259	2314	2329	
Leyton Station	1726	1741	1754	1808	1822	1837	1852		2022	2037	2052	2107		2307	2322	2337	
Leytonstone Thatched House	1730	1745	1758	1812	1826	1841	1856	Then every 15 minutes until	2026	2041	2056	2111	Then every 15 minutes until	2311	2326	2340	
Cann Hall Road Lake House Road	1734	1749	1802	1816	1830	1845	1900		2030	2045	2100	2114		2314	2329	2343	
Forest Gate Station	1739	1754	1807	1820	1834	1849	1904		2034	2049	2104	2118		2318	2333	2346	
Forest Gate Police Station	1743	1758	1811	1824	1838	1853	1908		2038	2053	2108	2122		2322	2336	2349	
Upton Park Boleyn	1753	1808	1821	1833	1847	1902	1916		2046	2101	2115	2129		2329	2341	2354	
East Ham Newham Town Hall	1758	1813	1826	1838	1852	1907	1921	2051	2105	2119	2133	2333	2345	2357			
East Ham White Horse	1800	1815	1828	1840	1854	1909	1923	2053	2107	2121	2135	2335	2347	2359			
Walthamstow Central Station	2337	2352	0007	0037	0107												
Markhouse Corner	2343	2358	0013	0043	0113												
Leyton Station	2349	0004	0019	0049	0119												
Leytonstone Thatched House	2352	0007	0022	0052	0122												
Cann Hall Road Lake House Road	2355	0010	0025	0055	0125												
Forest Gate Station	2358	0013	0028	0058	0128												
Forest Gate Police Station	0001	0016	0031	0101	0131												
Upton Park Boleyn	0006	0021	0036	0106	0136												
East Ham Newham Town Hall	0009	0024	0039	0109	0139												
East Ham White Horse	0011	0026	0041	0111	0141												