

308		Mondays to Fridays																			
Wanstead Woodbine Place	0550	0610	0630	0648	0702	0715	0728	0742	0756	0810	0825	0840	0855	0910	0925	0940			1355		
Dames Road Wanstead Flats	0555	0616	0637	0655	0709	0723	0736	0751	0805	0820	0835	0850	0905	0920	0934	0949			1404		
Forest Gate Station	0600	0621	0642	0700	0714	0728	0742	0757	0811	0826	0841	0856	0911	0926	0940	0955	Then		1410		
Romford Road Water Lane	0605	0626	0647	0705	0720	0734	0748	0803	0818	0833	0848	0903	0918	0933	0947	1001	every		1416		
Stratford Bus Station	0610	0631	0652	0710	0725	0739	0753	0808	0823	0838	0853	0908	0923	0938	0952	1006	15		1421		
Leyton Station	0616	0637	0658	0717	0732	0746	0800	0815	0830	0845	0900	0915	0930	0944	0958	1012	mins.		1427		
Ruckholt Road Temple Mills Lane	0620	0641	0702	0722	0738	0752	0806	0821	0836	0851	0906	0921	0936	0950	1004	1018	until		1433		
Eastway Quarter Mile Lane	0621	0642	0703	0723	0739	0753	0806	0822	0837	0852	0907	0922	0937	0951	1005	1019			1434		
Homerton Hospital Brooksby's Walk	0630	0652	0714	0735	0751	0806	0821	0836	0851	0906	0921	0935	0949	1002	1015	1028			1443		
Clapton Park Millfields Road	0633	0655	0717	0739	0755	0811	0826	0841	0856	0911	0926	0940	0953	1006	1019	1032			1447		
Wanstead Woodbine Place	1410	1425	1440	1453	1506	1519	1533	1548	1602	1617	1632	1647	1702	1717	1732	1747			1802	1817	
Dames Road Wanstead Flats	1419	1434	1449	1502	1515	1529	1543	1558	1612	1627	1642	1657	1712	1727	1742	1757			1811	1826	
Forest Gate Station	1425	1440	1455	1508	1521	1535	1549	1604	1618	1633	1648	1703	1718	1733	1748	1803			1817	1832	
Romford Road Water Lane	1431	1446	1501	1514	1528	1542	1556	1611	1625	1640	1655	1710	1725	1740	1755	1810			1824	1838	
Stratford Bus Station	1436	1451	1506	1520	1534	1548	1602	1617	1631	1646	1701	1716	1731	1746	1800	1815			1829	1843	
Leyton Station	1442	1458	1514	1528	1542	1556	1610	1625	1639	1654	1709	1724	1739	1754	1808	1823			1837	1851	
Ruckholt Road Temple Mills Lane	1448	1505	1521	1536	1551	1606	1620	1635	1649	1704	1718	1733	1748	1803	1817	1832			1846	1900	
Eastway Quarter Mile Lane	1449	1506	1522	1537	1552	1607	1621	1636	1650	1705	1719	1734	1749	1804	1818	1833			1847	1901	
Homerton Hospital Brooksby's Walk	1459	1516	1533	1548	1603	1618	1632	1647	1701	1716	1730	1745	1759	1814	1828	1843			1857	1910	
Clapton Park Millfields Road	1503	1520	1537	1552	1608	1622	1636	1651	1705	1720	1734	1749	1803	1818	1832	1847			1901	1914	
308		Mondays to Fridays (cont.)																Saturdays (also Good Friday)			
Wanstead Woodbine Place	1832	1847	1902	1920	1940	2000	2030		2330	0550	0620	0650	0719	0748	0817	0836	0855	0909			
Dames Road Wanstead Flats	1840	1855	1910	1928	1948	2007	2037		2337	0555	0626	0656	0725	0754	0824	0843	0902	0917			
Forest Gate Station	1845	1900	1915	1933	1953	2012	2041	Then	2341	0600	0631	0701	0730	0759	0829	0848	0907	0922			
Romford Road Water Lane	1851	1906	1921	1939	1958	2017	2046	every	2346	0605	0636	0706	0736	0805	0835	0854	0913	0928			
Stratford Bus Station	1856	1911	1926	1944	2003	2021	2050	30	2350	0610	0641	0711	0741	0810	0840	0859	0918	0933			
Leyton Station	1904	1918	1933	1951	2010	2027	2056	mins.	2356	0616	0647	0717	0747	0816	0846	0905	0925	0940			
Ruckholt Road Temple Mills Lane	1912	1925	1940	1957	2016	2032	2100	until	0000	0620	0651	0721	0751	0821	0851	0910	0930	0945			
Eastway Quarter Mile Lane	1913	1926	1941	1958	2017	2033	2101		0001	0621	0652	0722	0752	0822	0852	0911	0931	0946			
Homerton Hospital Brooksby's Walk	1922	1935	1950	2007	2025	2041	2109		0009	0630	0701	0731	0801	0831	0901	0920	0940	0955			
Clapton Park Millfields Road	1926	1939	1953	2010	2028	2044	2112		0012	0633	0704	0734	0804	0834	0904	0924	0944	0959			
308		Saturdays (also Good Friday) (cont.)																			
Wanstead Woodbine Place	0923	0936	0949	1002		1202	1217	1232		1417	1432		1617	1632	1647	1702	1717	1732			
Dames Road Wanstead Flats	0931	0945	0958	1012		1212	1227	1242		1427	1442		1627	1642	1657	1711	1726	1741			
Forest Gate Station	0936	0950	1004	1018	Then	1218	1233	1248	Then	1433	1448	Then	1633	1648	1703	1717	1732	1747			
Romford Road Water Lane	0942	0956	1010	1024	every	1224	1239	1254	every	1439	1454	every	1639	1654	1709	1723	1738	1753			
Stratford Bus Station	0947	1001	1015	1029	15	1229	1244	1259	15	1444	1459	15	1644	1659	1714	1728	1743	1758			
Leyton Station	0954	1009	1023	1037	mins.	1237	1252	1307	mins.	1452	1507	mins.	1652	1707	1722	1736	1751	1806			
Ruckholt Road Temple Mills Lane	1000	1015	1030	1044	until	1244	1300	1315	until	1500	1515	until	1700	1714	1729	1743	1758	1813			
Eastway Quarter Mile Lane	1001	1016	1031	1045		1245	1301	1316		1501	1516		1701	1715	1730	1744	1759	1814			
Homerton Hospital Brooksby's Walk	1010	1025	1040	1055		1255	1311	1327		1512	1526		1711	1725	1740	1754	1809	1824			
Clapton Park Millfields Road	1014	1029	1044	1059		1259	1315	1331		1516	1530		1715	1729	1744	1758	1813	1827			
308		Saturdays (also Good Friday) (cont.)																Sundays and other Public Holidays			
Wanstead Woodbine Place	1747	1802	1817	1832	1847	1902	1930		2330	0735	0805	0835	0905	0935	1004	1033	1102	1131			
Dames Road Wanstead Flats	1756	1810	1825	1840	1855	1909	1937		2337	0741	0811	0841	0912	0942	1011	1041	1110	1139			
Forest Gate Station	1801	1815	1830	1845	1859	1913	1941	Then	2341	0745	0815	0846	0917	0947	1016	1046	1115	1144			
Romford Road Water Lane	1807	1821	1836	1851	1905	1919	1946	every	2346	0750	0820	0851	0922	0952	1021	1051	1120	1150			
Stratford Bus Station	1812	1826	1840	1855	1909	1923	1950	30	2350	0754	0824	0855	0926	0956	1026	1056	1125	1155			
Leyton Station	1820	1834	1848	1902	1916	1930	1956	mins.	2356	0800	0830	0901	0932	1002	1032	1102	1132	1202			
Ruckholt Road Temple Mills Lane	1827	1840	1854	1907	1921	1935	2000	until	0000	0803	0834	0905	0936	1006	1036	1107	1137	1208			
Eastway Quarter Mile Lane	1828	1841	1855	1908	1922	1936	2001		0001	0804	0835	0906	0937	1007	1037	1108	1137	1209			
Homerton Hospital Brooksby's Walk	1838	1851	1904	1917	1931	1945	2009		0009	0811	0842	0914	0945	1016	1046	1117	1148	1219			
Clapton Park Millfields Road	1841	1854	1907	1920	1934	1948	2012		0012	0814	0845	0917	0948	1019	1050	1121	1152	1223			
308		Sundays and other Public Holidays (except Christmas Day and Boxing Day) (cont.)																			
Wanstead Woodbine Place	1200	1230	1300	1330	1400	1430	1500	1530	1600	1630	1700	1730	1800	1830	1900	1930			2300		
Dames Road Wanstead Flats	1208	1239	1309	1339	1409	1439	1509	1538	1608	1638	1708	1738	1808	1838	1908	1937			2307		
Forest Gate Station	1214	1245	1315	1345	1415	1445	1515	1544	1613	1643	1712	1742	1812	1842	1912	1941	Then		2311		
Romford Road Water Lane	1220	1251	1321	1351	1421	1451	1521	1550	1619	1649	1718	1748	1818	1848	1918	1946	every		2316		
Stratford Bus Station	1225	1256	1326	1356	1426	1456	1526	1555	1624	1654	1723	1753	1822	1852	1922	1950	30		2320		
Leyton Station	1233	1304	1334	1404	1434	1504	1534	1603	1632	1701	1730	1800	1829	1859	1928	1956	mins.		2326		
Ruckholt Road Temple Mills Lane	1239	1310	1341	1411	1441	1511	1541	1610	1639	1707	1736	1805	1834	1904	1933	2000	until		2330		
Eastway Quarter Mile Lane	1240	1311	1342	1412	1442	1512	1542	1611	1640	1708	1737	1806	1835	1905	1934	2001			2331		
Homerton Hospital Brooksby's Walk	1250	1322	1353	1423	1453	1523	1553	1622	1650	1718	1747	1816	1845	1914	1942	2009			2339		

308		Mondays to Fridays																
Clapton Park Millfields Road	0539	0559	0619	0639	0653	0707	0719	0733	0747	0801	0815	0830	0845	0901	0917	Then every 15 minutes until	1402	
Homerton Hospital Homerton Grove	0543	0603	0623	0643	0657	0712	0724	0738	0752	0806	0820	0835	0850	0906	0922		1407	
Olympic Park North Homerton Road	0547	0607	0628	0648	0702	0717	0730	0744	0758	0812	0827	0842	0858	0914	0928		1413	
Ruckholt Road Temple Mills Lane	0549	0609	0630	0650	0704	0719	0732	0746	0800	0815	0830	0845	0900	0916	0931		1416	
Leyton Station	0553	0613	0634	0654	0709	0724	0737	0751	0806	0821	0836	0851	0906	0922	0937		1422	
Stratford The Grove	0557	0618	0639	0700	0716	0731	0745	0759	0814	0829	0844	0859	0914	0930	0944		1429	
Romford Road Water Lane	0600	0621	0642	0703	0719	0734	0748	0802	0817	0832	0847	0902	0917	0933	0947		1432	
Forest Gate Station	0606	0627	0648	0709	0725	0740	0755	0810	0825	0840	0855	0910	0925	0940	0954		1439	
Dames Road Wanstead Flats	0609	0630	0651	0712	0729	0744	0759	0815	0830	0845	0900	0915	0930	0944	0958		1443	
Wanstead Woodbine Place	0615	0636	0657	0719	0737	0752	0808	0824	0839	0855	0909	0924	0938	0952	1006		1451	
Clapton Park Millfields Road	1417	1432	1446	1500	1514	1527	1541	Then every 15 mins. until	1711	1726	1741	1756	1811	1826	1841	1856	1912	1942
Homerton Hospital Homerton Grove	1422	1437	1451	1505	1520	1533	1547		1717	1732	1747	1802	1816	1831	1846	1901	1917	1947
Olympic Park North Homerton Road	1428	1443	1457	1512	1527	1540	1555		1725	1740	1755	1810	1824	1838	1853	1907	1922	1952
Ruckholt Road Temple Mills Lane	1431	1446	1500	1515	1530	1543	1558		1728	1743	1758	1813	1826	1840	1855	1909	1924	1954
Leyton Station	1437	1452	1506	1521	1536	1550	1605		1735	1750	1805	1820	1833	1847	1902	1915	1930	1959
Stratford The Grove	1444	1459	1513	1528	1543	1557	1612		1742	1757	1812	1827	1840	1854	1909	1922	1937	2005
Romford Road Water Lane	1447	1502	1516	1531	1546	1601	1616		1746	1801	1816	1830	1843	1857	1912	1925	1940	2008
Forest Gate Station	1454	1509	1524	1539	1554	1609	1624		1754	1809	1823	1837	1850	1904	1919	1932	1947	2015
Dames Road Wanstead Flats	1458	1514	1529	1544	1559	1614	1629		1759	1814	1828	1842	1855	1909	1923	1936	1951	2019
Wanstead Woodbine Place	1507	1523	1539	1555	1610	1625	1640		1810	1824	1838	1852	1905	1918	1931	1944	1958	2026
308		Mons-Fris (ctd.) Saturdays (also Good Friday)																
Clapton Park Millfields Road	2012	Then every 30 mins. until	2312	0540	0610	0640	0710	0740	0810	0830	0850	0909	0924	0937	0950	1003	Then every 15 mins. until	1333
Homerton Hospital Homerton Grove	2016		2316	0544	0614	0644	0714	0744	0814	0834	0854	0914	0929	0942	0955	1008		1338
Olympic Park North Homerton Road	2021		2321	0548	0618	0648	0719	0749	0819	0839	0859	0919	0935	0948	1001	1014		1344
Ruckholt Road Temple Mills Lane	2023		2323	0550	0620	0650	0721	0751	0821	0841	0901	0921	0937	0950	1003	1017		1347
Leyton Station	2028		2328	0554	0624	0654	0725	0755	0825	0846	0906	0926	0942	0956	1010	1024		1354
Stratford The Grove	2034		2334	0558	0629	0659	0730	0801	0831	0852	0912	0932	0948	1002	1016	1031		1401
Romford Road Water Lane	2037		2337	0601	0632	0702	0733	0804	0834	0855	0915	0935	0951	1005	1020	1035		1405
Forest Gate Station	2043		2343	0607	0638	0708	0739	0810	0840	0901	0921	0941	0958	1013	1028	1043		1413
Dames Road Wanstead Flats	2047		2347	0610	0641	0712	0743	0814	0844	0905	0925	0945	1002	1017	1032	1047		1417
Wanstead Woodbine Place	2053		2353	0616	0647	0718	0749	0820	0851	0912	0933	0953	1010	1025	1040	1055		1425
308		Saturdays (also Good Friday)																
Clapton Park Millfields Road	1348	1403	1418	Then every 15 minutes until	1648	1704	1720	1736	1752	1808	1824	1840	1911	1942	Then every 30 minutes until	2312		
Homerton Hospital Homerton Grove	1353	1408	1423		1653	1709	1725	1741	1757	1813	1829	1845	1916	1946		2316		
Olympic Park North Homerton Road	1359	1414	1430		1700	1715	1731	1747	1803	1819	1835	1850	1921	1951		2321		
Ruckholt Road Temple Mills Lane	1402	1417	1433		1703	1718	1734	1749	1805	1821	1837	1852	1923	1953		2323		
Leyton Station	1410	1425	1441		1711	1726	1741	1756	1811	1827	1843	1858	1928	1958		2328		
Stratford The Grove	1417	1432	1448		1718	1733	1748	1803	1818	1833	1849	1904	1934	2004		2334		
Romford Road Water Lane	1421	1436	1452		1722	1737	1752	1807	1822	1837	1853	1908	1937	2007		2337		
Forest Gate Station	1429	1444	1500		1730	1745	1759	1813	1828	1843	1859	1914	1943	2013		2343		
Dames Road Wanstead Flats	1433	1448	1504		1734	1749	1803	1817	1832	1847	1903	1918	1947	2017		2347		
Wanstead Woodbine Place	1441	1456	1512		1742	1757	1811	1825	1840	1855	1910	1925	1954	2023		2353		
308		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Clapton Park Millfields Road	0715	0745	0815	0845	0915	0943	1011	1040	1108	1137	1206	1235	1304	1334	1404	1435	1506	1537
Homerton Hospital Homerton Grove	0719	0749	0819	0849	0920	0948	1016	1045	1113	1142	1211	1240	1309	1339	1409	1440	1511	1542
Olympic Park North Homerton Road	0723	0753	0823	0853	0924	0953	1022	1051	1119	1148	1217	1246	1315	1345	1415	1446	1517	1548
Ruckholt Road Temple Mills Lane	0725	0755	0825	0855	0926	0955	1024	1053	1121	1150	1219	1249	1318	1348	1418	1449	1519	1550
Leyton Station	0729	0759	0829	0859	0930	1000	1029	1058	1127	1156	1226	1256	1326	1356	1426	1456	1526	1556
Stratford The Grove	0733	0804	0834	0904	0936	1006	1035	1105	1134	1203	1233	1303	1333	1403	1433	1503	1533	1603
Romford Road Water Lane	0736	0807	0837	0907	0939	1009	1038	1108	1138	1207	1237	1307	1337	1407	1437	1507	1537	1607
Forest Gate Station	0742	0813	0843	0913	0945	1015	1044	1114	1144	1214	1244	1314	1344	1414	1444	1514	1544	1614
Dames Road Wanstead Flats	0745	0816	0847	0917	0949	1019	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518	1548	1618
Wanstead Woodbine Place	0751	0822	0853	0924	0956	1026	1056	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626
Clapton Park Millfields Road	1608	1639	1710	1741	1812	1842	1912	1942	Then every 30 minutes until	2312								
Homerton Hospital Homerton Grove	1613	1644	1715	1746	1817	1847	1916	1946		2316								
Olympic Park North Homerton Road	1619	1650	1721	1751	1822	1852	1921	1951		2321								
Ruckholt Road Temple Mills Lane	1621	1652	1723	1753	1824	1854	1923	1953		2323								
Leyton Station	1627	1657	1728	1758	1829	1859	1928	1958		2328								
Stratford The Grove	1634	1704	1735	1805	1836	1906	1935	2004		2334								
Romford Road Water Lane	1638	1708	1739	1809	1839	1909	1938	2007		2337								
Forest Gate Station	1644	1714	1745	1815	1845	1915	1944	2013		2343								
Dames Road Wanstead Flats	1648	1718	1749	1819	1849	1919	1948	2017		2347								
Wanstead Woodbine Place	1656	1726	1756	1826	1856	1925	1954	2023		2353								