



179		Saturdays (also Good Friday)															
Chingford Station	0455	0515	0535	Then every 20 minutes until	0655	0715	0735	0750	0805	0819	0830	0842	0852	0904	0915	0926	0936
Woodford Wells Horse & Well	0501	0521	0541		0701	0721	0741	0756	0811	0826	0837	0849	0900	0912	0923	0934	0945
Woodford Green The Castle	0502	0523	0543		0703	0723	0743	0758	0813	0828	0839	0851	0902	0914	0925	0937	0948
South Woodford Station Cowslip Rd.	0508	0529	0550		0710	0730	0750	0805	0820	0835	0847	0859	0911	0923	0935	0947	0959
Charlie Brown's Roundabout S. Side	0511	0532	0553		0713	0733	0753	0808	0823	0838	0851	0903	0915	0927	0939	0951	1003
Gants Hill Station Cranbrook Road (S)	0517	0538	0559		0719	0739	0759	0815	0830	0845	0858	0910	0922	0935	0947	0959	1011
Ilford Station	0522	0543	0604	0724	0744	0805	0821	0837	0852	0905	0918	0930	0943	0956	1008	1020	
Ilford High Road Hainault Street	0525	0546	0607	0727	0748	0809	0825	0841	0856	0909	0922	0934	0947	1000	1012	1024	
Chingford Station	0947	0959	Then every 12 minutes until	1211	1223	Then every 12 minutes until	1323	1336	1348	1400	1412	1424	1436	1448	1500	1513	
Woodford Wells Horse & Well	0957	1009		1221	1233		1333	1345	1357	1409	1421	1433	1445	1457	1509	1521	
Woodford Green The Castle	1000	1012		1224	1236		1336	1348	1400	1412	1424	1436	1448	1500	1512	1524	
South Woodford Station Cowslip Rd.	1011	1023		1235	1246		1346	1358	1410	1422	1434	1446	1457	1509	1521	1533	
Charlie Brown's Roundabout S. Side	1015	1027		1239	1250		1350	1402	1414	1426	1438	1450	1501	1513	1525	1537	
Gants Hill Station Cranbrook Road (S)	1023	1035		1247	1258		1358	1410	1422	1434	1446	1458	1509	1521	1533	1545	
Ilford Station	1032	1044	1256	1307	1407	1419	1431	1443	1455	1507	1518	1530	1542	1554			
Ilford High Road Hainault Street	1036	1049	1301	1312	1412	1424	1436	1448	1500	1512	1523	1535	1547	1559			
Chingford Station	1525	Then every 12 minutes until	1649	1701	1713	1725	1737	1750	1802	1814	1827	1840	1855	1910	1925	1940	2000
Woodford Wells Horse & Well	1533		1657	1709	1721	1733	1745	1758	1810	1822	1835	1848	1902	1917	1932	1947	2007
Woodford Green The Castle	1536		1700	1712	1724	1736	1747	1800	1812	1824	1837	1850	1904	1919	1934	1949	2009
South Woodford Station Cowslip Rd.	1545		1709	1721	1733	1745	1756	1808	1820	1832	1845	1857	1911	1926	1941	1956	2016
Charlie Brown's Roundabout S. Side	1549		1713	1725	1737	1749	1800	1812	1824	1836	1849	1901	1915	1929	1944	1959	2019
Gants Hill Station Cranbrook Road (S)	1557		1721	1733	1745	1757	1808	1820	1831	1843	1856	1908	1922	1936	1950	2005	2025
Ilford Station	1606	1730	1741	1753	1805	1816	1828	1839	1851	1903	1915	1929	1943	1957	2011	2031	
Ilford High Road Hainault Street	1611	1735	1746	1758	1810	1821	1833	1844	1855	1907	1919	1933	1947	2001	2015	2035	
Chingford Station	2020	2040	Then every 20 minutes until	2200	2220	Then every 20 minutes until	0040										
Woodford Wells Horse & Well	2027	2046		2206	2226		0046										
Woodford Green The Castle	2029	2048		2208	2228		0048										
South Woodford Station Cowslip Rd.	2036	2055		2215	2234		0054										
Charlie Brown's Roundabout S. Side	2039	2058		2218	2237		0057										
Gants Hill Station Cranbrook Road (S)	2045	2104		2224	2243		0103										
Ilford Station	2051	2110	2230	2249	0109												
Ilford High Road Hainault Street	2055	2114	2234	2253	0113												
179		Sundays and other Public Holidays (except Christmas Day and Boxing Day)															
Chingford Station	0638	0708	0738	0808	0828	0846	0905	0924	0942	1001	1020	1039	Then every 20 minutes until	1719	1739	1759	1819
Woodford Wells Horse & Well	0644	0714	0744	0814	0834	0853	0912	0931	0949	1008	1027	1047		1727	1747	1807	1826
Woodford Green The Castle	0646	0716	0746	0816	0836	0855	0914	0933	0951	1010	1029	1049		1729	1749	1809	1828
South Woodford Station Cowslip Rd.	0653	0723	0753	0823	0843	0902	0921	0940	0959	1018	1037	1057		1737	1757	1817	1836
Charlie Brown's Roundabout S. Side	0656	0726	0756	0826	0846	0905	0924	0943	1002	1021	1041	1101		1741	1801	1820	1839
Gants Hill Station Cranbrook Road (S)	0702	0732	0802	0832	0852	0911	0930	0949	1009	1028	1048	1108		1748	1808	1827	1846
Ilford Station	0707	0737	0807	0837	0857	0917	0936	0956	1016	1036	1056	1116	1756	1815	1834	1853	
Ilford High Road Hainault Street	0710	0740	0810	0840	0900	0920	0940	1000	1020	1040	1100	1120	1800	1819	1838	1857	
Chingford Station	1839	1859	1919	1940	2000	Then every 20 minutes until	0040										
Woodford Wells Horse & Well	1846	1906	1926	1946	2006		0046										
Woodford Green The Castle	1848	1908	1928	1948	2008		0048										
South Woodford Station Cowslip Rd.	1855	1915	1935	1955	2014		0054										
Charlie Brown's Roundabout S. Side	1858	1918	1938	1958	2017		0057										
Gants Hill Station Cranbrook Road (S)	1905	1924	1944	2004	2023		0103										
Ilford Station	1912	1931	1950	2010	2029	0109											
Ilford High Road Hainault Street	1916	1935	1954	2014	2033	0113											
179		Boxing Day															
Chingford Station	0810	0840	0900	0920	0940	1000	1020	Then every 20 minutes until	1720	1740	1800	1820	Then every 20 minutes until	0040			
Woodford Wells Horse & Well	0816	0846	0906	0926	0946	1006	1026		1726	1746	1806	1826		0046			
Woodford Green The Castle	0818	0848	0908	0928	0948	1008	1028		1728	1748	1808	1828		0048			
South Woodford Station Cowslip Rd.	0825	0855	0915	0935	0955	1015	1035		1735	1755	1815	1834		0054			
Charlie Brown's Roundabout S. Side	0828	0858	0918	0938	0958	1018	1038		1738	1758	1818	1837		0057			
Gants Hill Station Cranbrook Road (S)	0834	0904	0924	0944	1004	1024	1044		1744	1804	1824	1843		0103			
Ilford Station	0839	0909	0929	0949	1010	1030	1051	1751	1810	1830	1849	0109					
Ilford High Road Hainault Street	0842	0912	0932	0952	1013	1034	1055	1755	1814	1834	1853	0113					

179		Mondays to Fridays (school days)																
Ilford High Road <i>Hainault Street</i>	0515	0535	0555	0615	0635	0650	0700	0710	0720	0731	0736	0742	0753	0804	0815	0827	0839	0851
Ilford Station	0518	0538	0558	0618	0638	0653	0703	0713	0724	0735	0740	0746	0757	0809	0820	0832	0844	0856
Gants Hill Station <i>Cranbrook Road (S)</i>	0524	0544	0604	0624	0644	0659	0709	0720	0731	0742	0747	0753	0805	0817	0828	0840	0852	0904
Charlie Brown's Roundabout <i>S. Side</i>	0530	0550	0610	0630	0650	0706	0716	0727	0739	0750	0756	0802	0814	0826	0837	0849	0901	0913
South Woodford Station <i>George Lane</i>	0533	0553	0613	0633	0653	0709	0719	0731	0743	0754	0800	0806	0818	0830	0842	0854	0906	0918
Woodford Green <i>The Castle</i>	0538	0558	0618	0639	0659	0715	0726	0739	0751	0803	0809	0815	0827	0839	0851	0903	0915	0927
Woodford Wells <i>Horse &amp; Well</i>	0540	0600	0620	0641	0701	0717	0728	0741	0753	0805	0811	0818	0830	0842	0854	0906	0918	0930
Chingford Station	0546	0606	0626	0647	0707	0724	0736	0749	0801	0814	0820	0827	0840	0852	0904	0915	0926	0938
Ilford High Road <i>Hainault Street</i>	0903	0916	0928	0940	Then every 12 minutes until	1228	1239	1250	1301	1312	Then every 12 minutes until	1424	1436	1448	1500	1511		
Ilford Station	0908	0920	0932	0944		1232	1243	1254	1305	1316		1428	1440	1452	1504	1515		
Gants Hill Station <i>Cranbrook Road (S)</i>	0916	0928	0940	0951		1239	1250	1301	1312	1324		1436	1448	1500	1512	1523		
Charlie Brown's Roundabout <i>S. Side</i>	0925	0937	0948	0959		1247	1258	1309	1320	1332		1444	1456	1508	1520	1532		
South Woodford Station <i>George Lane</i>	0930	0941	0952	1003		1251	1302	1313	1324	1336		1448	1500	1512	1525	1537		
Woodford Green <i>The Castle</i>	0939	0950	1001	1012		1300	1311	1322	1333	1345		1457	1510	1523	1536	1548		
Woodford Wells <i>Horse &amp; Well</i>	0942	0953	1004	1015		1303	1314	1325	1336	1348		1500	1513	1526	1539	1552		
Chingford Station	0950	1001	1012	1023	1311	1323	1334	1345	1357	1509	1522	1535	1548	1601				
Ilford High Road <i>Hainault Street</i>	1522	1534	1546	1557	Then every 12 minutes until	1733	1746	1758	1810	1822	1834	1846	1858	1910	1925	1940	1955	
Ilford Station	1526	1538	1550	1601		1737	1750	1802	1814	1826	1838	1850	1902	1914	1929	1944	1959	
Gants Hill Station <i>Cranbrook Road (S)</i>	1535	1547	1559	1610		1746	1759	1811	1823	1835	1847	1858	1909	1921	1936	1951	2006	
Charlie Brown's Roundabout <i>S. Side</i>	1544	1556	1608	1619		1755	1808	1820	1832	1843	1855	1906	1917	1929	1943	1958	2013	
South Woodford Station <i>George Lane</i>	1549	1601	1613	1624		1800	1813	1825	1836	1847	1859	1910	1921	1933	1947	2001	2016	
Woodford Green <i>The Castle</i>	1600	1612	1624	1635		1811	1823	1835	1846	1857	1908	1919	1930	1942	1955	2009	2023	
Woodford Wells <i>Horse &amp; Well</i>	1604	1616	1628	1639		1815	1826	1838	1849	1859	1910	1921	1932	1944	1957	2011	2025	
Chingford Station	1613	1625	1637	1648	1824	1835	1846	1857	1907	1918	1929	1940	1951	2004	2018	2032		
Ilford High Road <i>Hainault Street</i>	2015	2035	2055	2115	2135	2155	2215	Then every 20 minutes until	0055									
Ilford Station	2019	2039	2059	2119	2139	2159	2219		0059									
Gants Hill Station <i>Cranbrook Road (S)</i>	2025	2045	2105	2125	2145	2205	2225		0105									
Charlie Brown's Roundabout <i>S. Side</i>	2032	2052	2112	2132	2152	2212	2232		0112									
South Woodford Station <i>George Lane</i>	2035	2055	2115	2135	2155	2215	2235		0115									
Woodford Green <i>The Castle</i>	2042	2101	2121	2141	2201	2221	2240		0120									
Woodford Wells <i>Horse &amp; Well</i>	2044	2103	2123	2143	2203	2223	2242		0122									
Chingford Station	2051	2110	2129	2149	2209	2229	2248	0128										
179		Mondays to Fridays (school holidays)																
Ilford High Road <i>Hainault Street</i>	0515	0535	0555	0615	0635	0650	0700	0711	0721	0731	0742	0754	0804	0815	0827	0838	0850	0902
Ilford Station	0518	0538	0558	0618	0638	0653	0703	0714	0725	0735	0746	0758	0809	0820	0832	0843	0855	0907
Gants Hill Station <i>Cranbrook Road (S)</i>	0524	0544	0604	0624	0644	0659	0709	0721	0732	0742	0753	0805	0817	0828	0840	0851	0903	0914
Charlie Brown's Roundabout <i>S. Side</i>	0530	0550	0610	0630	0650	0706	0716	0728	0740	0750	0801	0813	0825	0836	0848	0859	0911	0922
South Woodford Station <i>George Lane</i>	0533	0553	0613	0633	0653	0709	0719	0732	0744	0754	0805	0817	0829	0841	0853	0904	0915	0926
Woodford Green <i>The Castle</i>	0538	0558	0618	0639	0659	0715	0726	0739	0751	0802	0813	0825	0837	0849	0901	0913	0924	0935
Woodford Wells <i>Horse &amp; Well</i>	0540	0600	0620	0641	0701	0717	0728	0741	0753	0804	0816	0828	0840	0852	0904	0916	0927	0938
Chingford Station	0546	0606	0626	0647	0707	0724	0736	0749	0801	0813	0825	0837	0849	0901	0913	0925	0936	0947
Ilford High Road <i>Hainault Street</i>	0914	Then every 12 minutes until	1302	1313	Then every 12 minutes until	1513	1524	1536	1547	1558	1610	1621	1632	Then every 12 minutes until	1732			
Ilford Station	0918		1306	1317		1517	1528	1540	1551	1602	1614	1625	1636		1736			
Gants Hill Station <i>Cranbrook Road (S)</i>	0925		1313	1325		1525	1536	1548	1559	1610	1622	1633	1644		1744			
Charlie Brown's Roundabout <i>S. Side</i>	0933		1321	1333		1533	1544	1556	1607	1618	1630	1641	1652		1752			
South Woodford Station <i>George Lane</i>	0937		1325	1337		1537	1548	1600	1611	1622	1634	1645	1656		1756			
Woodford Green <i>The Castle</i>	0946		1334	1346		1546	1558	1610	1621	1632	1644	1656	1707		1807			
Woodford Wells <i>Horse &amp; Well</i>	0949		1337	1349		1549	1601	1613	1624	1635	1648	1700	1711		1811			
Chingford Station	0958	1346	1358	1558	1610	1622	1633	1644	1657	1709	1720	1820						
Ilford High Road <i>Hainault Street</i>	1744	1756	1808	1820	1831	1843	1855	1910	1925	1940	1955	2015	2035	2055	2115	2135	2155	2215
Ilford Station	1748	1800	1812	1824	1835	1847	1859	1914	1929	1944	1959	2019	2039	2059	2119	2139	2159	2219
Gants Hill Station <i>Cranbrook Road (S)</i>	1756	1808	1820	1832	1843	1855	1907	1921	1936	1951	2006	2025	2045	2105	2125	2145	2205	2225
Charlie Brown's Roundabout <i>S. Side</i>	1804	1816	1828	1840	1851	1903	1915	1929	1943	1958	2013	2032	2052	2112	2132	2152	2212	2232
South Woodford Station <i>George Lane</i>	1808	1820	1832	1844	1855	1907	1919	1933	1947	2001	2016	2035	2055	2115	2135	2155	2215	2235
Woodford Green <i>The Castle</i>	1818	1830	1842	1854	1904	1916	1928	1942	1955	2008	2023	2042	2101	2121	2141	2201	2221	2240
Woodford Wells <i>Horse &amp; Well</i>	1821	1833	1845	1856	1906	1918	1930	1944	1957	2010	2025	2044	2103	2123	2143	2203	2223	2242
Chingford Station	1830	1841	1853	1904	1914	1926	1938	1951	2004	2017	2032	2051	2110	2129	2149	2209	2229	2248
Ilford High Road <i>Hainault Street</i>	2235	Then every 20 minutes until	0055															
Ilford Station	2239		0059															
Gants Hill Station <i>Cranbrook Road (S)</i>	2245		0105															
Charlie Brown's Roundabout <i>S. Side</i>	2252		0112															
South Woodford Station <i>George Lane</i>	2255		0115															
Woodford Green <i>The Castle</i>	2300		0120															
Woodford Wells <i>Horse &amp; Well</i>	2302		0122															
Chingford Station	2308	0128																

179		Saturdays (also Good Friday)																	
Ilford High Road Hainault Street	0515		0635	0655	0715	0735	0750	0805	0818	0831	0845	0856	0908	0919	0930	0942	0953		
Ilford Station	0518		0638	0658	0718	0738	0753	0808	0822	0835	0849	0900	0912	0923	0934	0946	0958		
Gants Hill Station Cranbrook Road (S)	0524	Then	0644	0704	0724	0744	0800	0815	0829	0842	0856	0907	0919	0930	0942	0954	1006		
Charlie Brown's Roundabout S. Side	0530	every 20	0650	0710	0730	0750	0806	0821	0835	0848	0902	0914	0926	0938	0950	1002	1014		
South Woodford Station George Lane	0533	minutes	0653	0713	0733	0753	0809	0824	0838	0852	0906	0918	0930	0942	0954	1006	1018		
Woodford Green The Castle	0538	until	0658	0719	0739	0759	0815	0831	0846	0900	0914	0926	0938	0950	1002	1014	1026		
Woodford Wells Horse & Well	0540		0700	0721	0741	0801	0817	0833	0848	0902	0916	0928	0940	0952	1004	1017	1029		
Chingford Station	0546		0706	0727	0747	0807	0824	0840	0855	0909	0923	0935	0948	1000	1012	1025	1037		
Ilford High Road Hainault Street	1004		1704	1716	1728	1740	1752	1805	1818	1831	1843	1855	1910	1925	1940	1955	2015		
Ilford Station	1009		1709	1721	1732	1744	1756	1809	1822	1835	1847	1859	1914	1929	1944	1959	2019		
Gants Hill Station Cranbrook Road (S)	1017	Then	1717	1729	1740	1752	1804	1817	1830	1843	1854	1906	1921	1935	1950	2005	2025		
Charlie Brown's Roundabout S. Side	1025	every 12	1725	1737	1748	1800	1812	1824	1837	1850	1901	1913	1928	1942	1957	2012	2032		
South Woodford Station George Lane	1029	minutes	1729	1741	1752	1804	1816	1828	1841	1854	1905	1916	1931	1945	2000	2015	2035		
Woodford Green The Castle	1038	until	1738	1750	1801	1812	1823	1835	1848	1901	1912	1923	1938	1952	2007	2022	2041		
Woodford Wells Horse & Well	1041		1741	1752	1803	1814	1825	1837	1850	1903	1914	1925	1940	1954	2009	2024	2043		
Chingford Station	1049		1749	1800	1811	1822	1832	1844	1857	1910	1921	1932	1947	2001	2016	2031	2050		
Ilford High Road Hainault Street	2035	2055	2115	2135	2155	2215													
Ilford Station	2039	2059	2119	2139	2159	2219													
Gants Hill Station Cranbrook Road (S)	2045	2105	2125	2145	2205	2225	Then												
Charlie Brown's Roundabout S. Side	2052	2112	2132	2152	2212	2232	every 20												
South Woodford Station George Lane	2055	2115	2135	2155	2215	2235	minutes												
Woodford Green The Castle	2101	2121	2141	2201	2221	2240	until												
Woodford Wells Horse & Well	2103	2123	2143	2203	2223	2242													
Chingford Station	2110	2129	2149	2209	2229	2248													
179		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Ilford High Road Hainault Street	0658	0727	0756	0826	0856	0915	0934	0953	1012	1031	1050	1110	1129			1609	1629	1650	
Ilford Station	0701	0730	0759	0829	0859	0918	0938	0957	1016	1035	1055	1115	1134			1614	1634	1655	
Gants Hill Station Cranbrook Road (S)	0707	0736	0805	0835	0905	0924	0944	1004	1023	1042	1102	1123	1142	Then		1622	1642	1703	
Charlie Brown's Roundabout S. Side	0713	0742	0811	0841	0911	0930	0950	1010	1030	1049	1109	1130	1149	every 20		1629	1649	1710	
South Woodford Station George Lane	0716	0745	0814	0844	0914	0933	0953	1013	1033	1052	1112	1133	1153	minutes		1633	1653	1714	
Woodford Green The Castle	0721	0750	0820	0850	0920	0940	1000	1020	1040	1100	1120	1141	1201	until		1641	1701	1721	
Woodford Wells Horse & Well	0723	0752	0822	0852	0922	0942	1002	1022	1042	1102	1122	1143	1203			1643	1703	1723	
Chingford Station	0729	0759	0829	0859	0929	0949	1009	1029	1050	1110	1130	1151	1211			1651	1710	1730	
Ilford High Road Hainault Street	1710	1731	1752	1813	1833	1854	1914	1935	1955			2155	2215					0055	
Ilford Station	1715	1736	1756	1817	1837	1858	1918	1939	1959			2159	2219					0059	
Gants Hill Station Cranbrook Road (S)	1723	1744	1804	1824	1844	1905	1925	1946	2005	Then		2205	2225	Then				0105	
Charlie Brown's Roundabout S. Side	1730	1751	1811	1831	1851	1912	1932	1953	2012	every 20		2212	2232	every 20				0112	
South Woodford Station George Lane	1734	1754	1814	1834	1854	1915	1935	1956	2015	minutes		2215	2235	minutes				0115	
Woodford Green The Castle	1741	1801	1821	1841	1901	1921	1941	2002	2021	until		2221	2240	until				0120	
Woodford Wells Horse & Well	1743	1803	1823	1843	1903	1923	1943	2004	2023			2223	2242					0122	
Chingford Station	1750	1810	1830	1850	1910	1930	1950	2010	2029			2229	2248					0128	
179		Boxing Day																	
Ilford High Road Hainault Street	0758	0828	0858	0917	0936	0955	1014	1033	1052	1111	1130	1150				1630	1650	1710	1731
Ilford Station	0801	0831	0901	0920	0940	0959	1018	1037	1057	1116	1135	1155				1635	1655	1715	1736
Gants Hill Station Cranbrook Road (S)	0807	0837	0907	0926	0946	1006	1025	1044	1104	1124	1143	1203		Then		1643	1703	1723	1744
Charlie Brown's Roundabout S. Side	0813	0843	0913	0932	0952	1012	1032	1051	1111	1131	1150	1210		every 20		1650	1710	1730	1751
South Woodford Station George Lane	0816	0846	0916	0935	0955	1015	1035	1054	1114	1134	1154	1214		minutes		1654	1714	1734	1754
Woodford Green The Castle	0821	0851	0921	0941	1001	1021	1041	1101	1121	1141	1201	1221		until		1701	1720	1740	1800
Woodford Wells Horse & Well	0823	0853	0923	0943	1003	1023	1043	1103	1123	1143	1203	1223				1703	1722	1742	1802
Chingford Station	0829	0859	0929	0949	1009	1029	1049	1109	1129	1149	1209	1230				1710	1729	1748	1808
Ilford High Road Hainault Street	1752	1813	1834	1854	1915	1935	1955												0055
Ilford Station	1756	1817	1838	1858	1919	1939	1959												0059
Gants Hill Station Cranbrook Road (S)	1804	1824	1845	1905	1926	1946	2005	Then											0105
Charlie Brown's Roundabout S. Side	1811	1831	1852	1912	1933	1953	2012	every 20											0112
South Woodford Station George Lane	1814	1834	1855	1915	1936	1956	2015	minutes											0115
Woodford Green The Castle	1820	1840	1901	1920	1941	2001	2020	until											0120
Woodford Wells Horse & Well	1822	1842	1903	1922	1943	2003	2022												0122
Chingford Station	1828	1848	1909	1928	1949	2009	2028												0128