

179																		
Mondays to Fridays (school days)																		
Chingford Station	0455	0515	0535	0555	0615	0635	0650	0705	0715	0725	0735	0745	0755	0805	0817	0829	0841	0853
Woodford Wells Horse & Well	0501	0521	0541	0601	0621	0641	0656	0712	0722	0733	0743	0754	0804	0814	0826	0838	0850	0902
Woodford Green Castle	0503	0523	0543	0603	0623	0643	0658	0715	0725	0736	0747	0758	0808	0819	0831	0843	0855	0906
South Woodford Stn. Cowslip Rd.	0510	0530	0550	0610	0630	0650	0705	0722	0733	0744	0755	0806	0817	0829	0841	0853	0905	0916
South Woodford Charlie Brown's Rbt.	0513	0533	0553	0613	0633	0653	0709	0726	0737	0749	0800	0811	0822	0834	0846	0858	0910	0921
Gants Hill Station	0519	0539	0559	0619	0639	0700	0716	0734	0745	0757	0809	0820	0832	0844	0856	0908	0919	0930
Ilford Station	0524	0544	0604	0624	0645	0707	0723	0741	0753	0805	0817	0829	0841	0853	0905	0917	0928	0938
Ilford Lane Loxford Lane	0529	0549	0609	0629	0651	0713	0730	0748	0800	0812	0825	0837	0849	0901	0913	0924	0935	0945
Barking Station	0533	0553	0613	0633	0655	0717	0734	0752	0804	0816	0829	0841	0853	0905	0917	0928	0939	0949
Barking London Road	0535	0555	0615	0635	0657	0719	0737	0755	0807	0819	0832	0844	0856	0908	0920	0931	0941	0951
Chingford Station	0905	0917	0929	0941	0953	Then every 12 minutes until	1217	1229	1241	1253	1305	1317	1329	1341	Then every 12 minutes until	1441		
Woodford Wells Horse & Well	0913	0925	0937	0949	1001		1225	1237	1249	1301	1313	1325	1337	1350		1450		
Woodford Green Castle	0917	0929	0940	0952	1004		1228	1240	1252	1304	1316	1328	1340	1353		1453		
South Woodford Stn. Cowslip Rd.	0927	0938	0949	1000	1012		1236	1248	1300	1312	1324	1336	1348	1401		1501		
South Woodford Charlie Brown's Rbt.	0931	0942	0953	1004	1016		1240	1252	1304	1316	1328	1340	1352	1405		1505		
Gants Hill Station	0940	0950	1001	1012	1023		1247	1259	1311	1323	1335	1347	1359	1412		1512		
Ilford Station	0948	0958	1008	1019	1030		1254	1306	1318	1330	1343	1355	1407	1420		1520		
Ilford Lane Loxford Lane	0955	1005	1015	1026	1037		1301	1313	1325	1337	1350	1402	1414	1427		1527		
Barking Station	0959	1009	1019	1030	1041		1305	1318	1330	1342	1355	1407	1419	1432		1532		
Barking London Road	1001	1011	1021	1032	1043	1307	1320	1332	1344	1357	1409	1421	1434	1534				
Chingford Station	1453	1503	1513	1523	1533	Then every 12 minutes until	1721	1733	1745	1757	1809	1821	1833	1845	1900	1915	1930	
Woodford Wells Horse & Well	1502	1512	1523	1533	1543		1731	1743	1754	1806	1818	1830	1841	1853	1907	1922	1936	
Woodford Green Castle	1505	1515	1526	1537	1547		1735	1747	1758	1810	1822	1833	1844	1855	1909	1924	1938	
South Woodford Stn. Cowslip Rd.	1513	1524	1535	1546	1556		1744	1756	1807	1818	1830	1841	1851	1902	1916	1930	1944	
South Woodford Charlie Brown's Rbt.	1517	1528	1539	1551	1601		1749	1801	1812	1823	1834	1845	1855	1906	1920	1934	1948	
Gants Hill Station	1524	1536	1547	1559	1610		1758	1810	1821	1832	1842	1853	1903	1913	1927	1941	1955	
Ilford Station	1532	1544	1556	1608	1619		1807	1819	1829	1840	1850	1900	1910	1920	1934	1948	2002	
Ilford Lane Loxford Lane	1540	1552	1604	1616	1628		1816	1827	1837	1848	1858	1908	1918	1928	1941	1955	2009	
Barking Station	1545	1557	1609	1621	1633		1821	1831	1841	1851	1901	1911	1921	1931	1944	1958	2012	
Barking London Road	1547	1559	1611	1623	1635	1823	1833	1843	1853	1903	1913	1923	1933	1946	2000	2014		
Chingford Station	1945	2000	2020	2040	Then every 20 minutes at these minutes past the hour	00	20	40	2400	0020	0040							
Woodford Wells Horse & Well	1951	2006	2026	2046		06	26	46	0006	0025	0045							
Woodford Green Castle	1953	2008	2028	2048		08	28	48	0008	0027	0047							
South Woodford Stn. Cowslip Rd.	1959	2014	2034	2054		14	34	54	0014	0033	0053							
South Woodford Charlie Brown's Rbt.	2002	2017	2037	2057		17	37	57	0017	0036	0056							
Gants Hill Station	2009	2024	2043	2103		23	43	03	0023	0041	0101							
Ilford Station	2016	2030	2049	2109		29	49	09	0029	0047	0107							
Ilford Lane Loxford Lane	2023	2037	2056	2115		35	55	15	0035	0052	0112							
Barking Station	2026	2040	2059	2118		38	58	18	0038	0055	0115							
Barking London Road	2028	2042	2101	2120	40	00	20	0040	0057	0117								

179		Mondays to Fridays (school holidays)																
Chingford Station	0455	0515	0535	0555	0615	0635	0650	0702	0712	0723	0733	0744	0755	0807	0819	0831	0843	0855
Woodford Wells Horse & Well	0501	0521	0541	0601	0621	0641	0656	0709	0719	0731	0741	0752	0803	0815	0827	0839	0851	0903
Woodford Green Castle	0503	0523	0543	0603	0623	0643	0658	0712	0722	0734	0744	0756	0807	0819	0831	0843	0855	0907
South Woodford Stn. Cowslip Rd.	0510	0530	0550	0610	0630	0650	0705	0719	0730	0742	0752	0804	0816	0828	0840	0852	0904	0916
South Woodford Charlie Brown's Rbt.	0513	0533	0553	0613	0633	0653	0709	0723	0734	0746	0756	0808	0820	0832	0844	0856	0908	0920
Gants Hill Station	0519	0539	0559	0619	0639	0700	0716	0731	0742	0754	0805	0817	0829	0841	0853	0905	0917	0928
Ilford Station	0524	0544	0604	0624	0645	0707	0723	0738	0750	0802	0813	0825	0837	0849	0901	0913	0925	0936
Ilford Lane Loxford Lane	0529	0549	0609	0629	0651	0713	0730	0745	0757	0809	0821	0833	0845	0857	0909	0920	0932	0943
Barking Station	0533	0553	0613	0633	0655	0717	0734	0749	0801	0813	0825	0837	0849	0901	0913	0924	0936	0947
Barking London Road	0535	0555	0615	0635	0657	0719	0737	0752	0804	0816	0828	0840	0852	0904	0916	0927	0938	0949
Chingford Station	0907	0918	0929	Then every 12 minutes until	1217	1229	1241	1253	1305	1317	1329	1341	Then every 12 minutes until	1505	1517	1528		
Woodford Wells Horse & Well	0915	0926	0937		1225	1237	1249	1301	1313	1325	1337	1350		1514	1526	1537		
Woodford Green Castle	0918	0929	0940		1228	1240	1252	1304	1316	1328	1340	1353		1517	1529	1540		
South Woodford Stn. Cowslip Rd.	0927	0937	0948		1236	1248	1300	1312	1324	1336	1348	1401		1525	1537	1549		
South Woodford Charlie Brown's Rbt.	0931	0941	0952		1240	1252	1304	1316	1328	1340	1352	1405		1529	1541	1553		
Gants Hill Station	0939	0949	0959		1247	1259	1311	1323	1335	1347	1359	1412		1536	1548	1600		
Ilford Station	0946	0956	1006		1254	1306	1318	1330	1343	1355	1407	1420		1544	1556	1608		
Ilford Lane Loxford Lane	0953	1003	1013		1301	1313	1325	1337	1350	1402	1414	1427		1551	1604	1616		
Barking Station	0957	1007	1017		1305	1318	1330	1342	1355	1407	1419	1432		1556	1609	1621		
Barking London Road	0959	1009	1019		1307	1320	1332	1344	1357	1409	1421	1434		1558	1611	1623		
Chingford Station	1539	1551	1602	Then every 12 minutes until	1726	1738	1750	1802	1814	1826	1838	1850	1901	1915	1930	1945	2000	
Woodford Wells Horse & Well	1548	1600	1611		1735	1747	1759	1811	1823	1835	1846	1858	1908	1922	1936	1951	2006	
Woodford Green Castle	1551	1603	1614		1738	1750	1802	1814	1826	1838	1849	1900	1910	1924	1938	1953	2008	
South Woodford Stn. Cowslip Rd.	1600	1612	1623		1747	1759	1811	1822	1834	1846	1856	1907	1917	1930	1944	1959	2014	
South Woodford Charlie Brown's Rbt.	1604	1616	1628		1752	1804	1816	1827	1838	1850	1900	1911	1921	1934	1948	2002	2017	
Gants Hill Station	1612	1624	1636		1800	1812	1824	1835	1846	1858	1908	1918	1928	1941	1955	2009	2024	
Ilford Station	1620	1632	1644		1808	1820	1832	1843	1854	1905	1915	1925	1935	1948	2002	2016	2030	
Ilford Lane Loxford Lane	1628	1640	1652		1816	1828	1840	1851	1902	1913	1923	1933	1942	1955	2009	2023	2037	
Barking Station	1633	1645	1657		1821	1832	1844	1854	1905	1916	1926	1936	1945	1958	2012	2026	2040	
Barking London Road	1635	1647	1659		1823	1834	1846	1856	1907	1918	1928	1938	1947	2000	2014	2028	2042	
Chingford Station	2020	2040	Then every 20 minutes at these minutes past the hour	00	20	40	2400	0020	0040									
Woodford Wells Horse & Well	2026	2046		06	26	46	0006	0025	0045									
Woodford Green Castle	2028	2048		08	28	48	0008	0027	0047									
South Woodford Stn. Cowslip Rd.	2034	2054		14	34	54	0014	0033	0053									
South Woodford Charlie Brown's Rbt.	2037	2057		17	37	57	0017	0036	0056									
Gants Hill Station	2043	2103		23	43	03	0023	0041	0101									
Ilford Station	2049	2109		29	49	09	0029	0047	0107									
Ilford Lane Loxford Lane	2056	2115		35	55	15	0035	0052	0112									
Barking Station	2059	2118		38	58	18	0038	0055	0115									
Barking London Road	2101	2120		40	00	20	0040	0057	0117									

179		Saturdays (also Good Friday)																	
Chingford Station	0455		15	35	55	0655	0715	0735	0750	0805	0819	0830	0841	0852	0903	0914	0925		
Woodford Wells Horse & Well	0501	<i>Then</i>	21	41	01	0701	0721	0741	0756	0811	0826	0837	0848	0859	0910	0921	0932		
Woodford Green Castle	0503	<i>every 20</i>	23	43	03	0703	0723	0743	0758	0813	0828	0839	0850	0901	0912	0923	0935		
South Woodford Stn. Cowslip Rd.	0510	<i>minutes</i>	30	50	10	0710	0730	0750	0805	0820	0835	0846	0857	0909	0920	0931	0943		
South Woodford Charlie Brown's Rbt.	0513	<i>at these</i>	33	53	13	0713	0733	0753	0808	0823	0838	0850	0901	0913	0924	0935	0947		
Gants Hill Station	0519	<i>minutes</i>	39	59	19	0719	0739	0759	0815	0830	0845	0857	0908	0920	0932	0943	0955		
Ilford Station	0524	<i>past</i>	44	04	24	0724	0744	0805	0821	0837	0852	0904	0916	0928	0940	0952	1004		
Ilford Lane Loxford Lane	0529	<i>the hour</i>	49	09	29	0729	0750	0811	0827	0843	0858	0910	0922	0934	0947	0959	1011		
Barking Station	0533		53	13	33	0733	0754	0815	0831	0847	0902	0914	0926	0938	0951	1003	1015		
Barking London Road	0535		55	15	35	0735	0756	0817	0833	0849	0904	0916	0928	0941	0954	1006	1018		
Chingford Station	0936	0947				1623	1635	1647	1659	1711	1723	1735	1747	1759	1811	1823	1835	1847	1900
Woodford Wells Horse & Well	0943	0955				1631	1643	1655	1707	1719	1731	1742	1754	1806	1818	1830	1842	1853	1906
Woodford Green Castle	0946	0958				1634	1646	1658	1710	1722	1733	1744	1756	1808	1820	1832	1844	1855	1908
South Woodford Stn. Cowslip Rd.	0955	1007	<i>Then</i>			1643	1655	1707	1719	1730	1741	1752	1803	1815	1827	1839	1850	1901	1914
South Woodford Charlie Brown's Rbt.	0959	1011	<i>every 12</i>			1647	1659	1711	1723	1734	1745	1756	1807	1819	1831	1843	1854	1905	1917
Gants Hill Station	1007	1019	<i>minutes</i>			1655	1707	1719	1731	1742	1753	1804	1815	1826	1838	1850	1901	1912	1924
Ilford Station	1016	1028	<i>until</i>			1704	1716	1728	1739	1750	1801	1812	1823	1834	1846	1857	1908	1919	1931
Ilford Lane Loxford Lane	1024	1036				1712	1724	1736	1747	1758	1809	1820	1831	1842	1853	1904	1915	1926	1938
Barking Station	1028	1040				1716	1728	1739	1750	1801	1812	1823	1834	1845	1856	1907	1918	1929	1941
Barking London Road	1031	1043				1719	1730	1741	1752	1803	1814	1825	1836	1847	1858	1909	1920	1931	1943
Chingford Station	1915	1930	1945	2000			20	40	00		2400	0020	0040						
Woodford Wells Horse & Well	1921	1936	1951	2006	<i>Then</i>		26	46	06		0006	0025	0045						
Woodford Green Castle	1923	1938	1953	2008	<i>every 20</i>		28	48	08		0008	0027	0047						
South Woodford Stn. Cowslip Rd.	1929	1944	1959	2014	<i>minutes</i>		34	54	14		0014	0033	0053						
South Woodford Charlie Brown's Rbt.	1932	1947	2002	2017	<i>at these</i>		37	57	17	<i>until</i>	0017	0036	0056						
Gants Hill Station	1939	1953	2008	2023	<i>minutes</i>		43	03	23		0023	0041	0101						
Ilford Station	1945	1959	2014	2029	<i>past</i>		49	09	29		0029	0047	0107						
Ilford Lane Loxford Lane	1952	2006	2020	2035	<i>the hour</i>		55	15	35		0035	0052	0112						
Barking Station	1955	2009	2023	2038			58	18	38		0038	0055	0115						
Barking London Road	1957	2011	2025	2040			00	20	40		0040	0057	0117						
179		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Chingford Station	0631	0701	0731	0801	0828	0847	0906	0925	0944	1003	1022	1041	1100	<i>Then</i>	20	40	00		1640
Woodford Wells Horse & Well	0637	0707	0737	0807	0834	0853	0912	0931	0950	1009	1028	1048	1107	<i>every</i>	27	47	07		1647
Woodford Green Castle	0639	0709	0739	0809	0836	0855	0914	0933	0952	1011	1030	1050	1109	<i>20</i>	29	49	09		1649
South Woodford Stn. Cowslip Rd.	0646	0716	0746	0816	0843	0902	0921	0940	0959	1018	1037	1057	1117	<i>mins.</i>	37	57	17		1657
South Woodford Charlie Brown's Rbt.	0649	0719	0749	0819	0846	0905	0924	0943	1002	1021	1041	1101	1121	<i>at</i>	41	01	21	<i>until</i>	1701
Gants Hill Station	0655	0725	0755	0825	0852	0911	0930	0949	1009	1028	1048	1108	1128	<i>these</i>	48	08	28		1708
Ilford Station	0700	0730	0800	0830	0857	0917	0936	0956	1016	1036	1056	1116	1136	<i>mins.</i>	56	16	36		1716
Ilford Lane Loxford Lane	0705	0735	0805	0835	0903	0923	0943	1003	1023	1043	1103	1123	1143	<i>past</i>	03	23	43		1723
Barking Station	0709	0739	0809	0839	0907	0927	0947	1007	1027	1047	1107	1127	1147	<i>the</i>	07	27	47		1727
Barking London Road	0711	0741	0811	0841	0909	0929	0949	1009	1029	1049	1109	1129	1149	<i>hour</i>	09	29	49		1729
Chingford Station	1700	1720	1740	1800	1820	1840	1900	1920	1940			00	20	40		2400	0020	0040	
Woodford Wells Horse & Well	1707	1727	1747	1807	1826	1846	1906	1926	1946	<i>Then</i>		06	26	46		0006	0025	0045	
Woodford Green Castle	1709	1729	1749	1809	1828	1848	1908	1928	1948	<i>every 20</i>		08	28	48		0008	0027	0047	
South Woodford Stn. Cowslip Rd.	1717	1736	1756	1816	1835	1854	1914	1934	1954	<i>minutes</i>		14	34	54		0014	0033	0053	
South Woodford Charlie Brown's Rbt.	1721	1740	1800	1819	1838	1857	1917	1937	1957	<i>at these</i>		17	37	57	<i>until</i>	0017	0036	0056	
Gants Hill Station	1728	1747	1807	1826	1845	1904	1923	1943	2003	<i>minutes</i>		23	43	03		0023	0041	0101	
Ilford Station	1736	1755	1814	1833	1852	1911	1930	1950	2009	<i>past</i>		29	49	09		0029	0047	0107	
Ilford Lane Loxford Lane	1743	1802	1821	1840	1859	1918	1937	1956	2015	<i>the hour</i>		35	55	15		0035	0052	0112	
Barking Station	1746	1805	1824	1843	1902	1921	1940	1959	2018			38	58	18		0038	0055	0115	
Barking London Road	1748	1807	1826	1845	1904	1923	1942	2001	2020			40	00	20		0040	0057	0117	

179																			
Mondays to Fridays (school days)																			
Barking London Road	0500	0520	0540	0600	0620	0633	0646	0657	0707	0717	0724	0727	0737	0747	0757	0807	0818	0830	
Barking Station	0502	0522	0542	0602	0622	0635	0648	0659	0709	0719	0726	0730	0740	0750	0800	0810	0822	0834	
Ilford Lane Loxford Lane	0505	0525	0545	0605	0625	0638	0651	0702	0712	0722	0729	0733	0743	0754	0804	0814	0826	0838	
Ilford Station	0510	0530	0550	0610	0630	0643	0657	0708	0719	0730	0737	0741	0752	0803	0814	0824	0836	0848	
Gants Hill Station	0516	0536	0556	0616	0636	0649	0703	0715	0726	0737	0744	0748	0759	0810	0822	0832	0844	0856	
South Woodford Charlie Brown's Rbt.	0522	0542	0602	0622	0642	0656	0710	0722	0733	0745	0752	0756	0807	0819	0831	0841	0853	0905	
South Woodford Stn. George Lane	0525	0545	0605	0625	0645	0659	0713	0725	0737	0749	0756	0800	0811	0823	0835	0846	0858	0910	
Woodford Green Castle	0530	0550	0610	0630	0650	0704	0719	0731	0743	0755	0803	0807	0818	0830	0842	0854	0906	0918	
Woodford Wells Horse & Well	0532	0552	0612	0632	0652	0706	0721	0733	0745	0757	0805	0809	0821	0833	0845	0857	0909	0921	
Chingford Station	0538	0558	0618	0638	0658	0713	0728	0740	0752	0804	0813	0817	0829	0842	0854	0906	0918	0928	
Barking London Road	0842	0854	0906	0918			1154	1205	1217	1229	1240	1252	1304	1315			1415	1427	
Barking Station	0846	0858	0910	0921			1157	1208	1220	1232	1243	1255	1307	1318			1418	1430	
Ilford Lane Loxford Lane	0850	0902	0913	0924			1200	1211	1223	1235	1246	1258	1310	1321			1421	1433	
Ilford Station	0900	0912	0922	0932			1208	1220	1232	1244	1255	1307	1319	1330			1430	1442	
Gants Hill Station	0908	0919	0929	0939			1215	1227	1239	1251	1302	1314	1326	1338			1438	1450	
South Woodford Charlie Brown's Rbt.	0916	0927	0937	0947			1223	1235	1247	1259	1310	1322	1334	1346			1446	1458	
South Woodford Stn. George Lane	0921	0931	0941	0951			1227	1239	1251	1303	1314	1326	1338	1350			1450	1502	
Woodford Green Castle	0928	0938	0948	0958			1234	1246	1258	1310	1321	1333	1345	1357			1457	1510	
Woodford Wells Horse & Well	0931	0941	0951	1001			1237	1249	1301	1313	1324	1336	1348	1400			1500	1513	
Chingford Station	0938	0948	0958	1008			1244	1256	1308	1320	1332	1344	1356	1408			1508	1521	
Barking London Road	1439	1450	1501	1512	1523	1534	1545	1556				1720	1732	1744	1756	1808	1820	1832	1845
Barking Station	1442	1453	1504	1515	1526	1537	1548	1600				1724	1736	1748	1800	1812	1824	1835	1848
Ilford Lane Loxford Lane	1445	1456	1507	1518	1529	1541	1552	1604				1728	1740	1752	1804	1815	1827	1838	1851
Ilford Station	1454	1505	1516	1527	1539	1551	1602	1614				1738	1750	1801	1813	1824	1835	1846	1859
Gants Hill Station	1502	1513	1524	1536	1548	1600	1611	1623				1747	1759	1810	1822	1833	1844	1854	1906
South Woodford Charlie Brown's Rbt.	1510	1521	1533	1545	1557	1609	1620	1632				1756	1808	1819	1831	1841	1852	1902	1914
South Woodford Stn. George Lane	1514	1526	1538	1550	1602	1614	1625	1637				1801	1813	1824	1835	1845	1856	1906	1918
Woodford Green Castle	1523	1535	1547	1559	1611	1623	1635	1647				1811	1822	1833	1844	1854	1904	1914	1925
Woodford Wells Horse & Well	1526	1538	1551	1603	1615	1627	1639	1651				1815	1825	1836	1846	1856	1906	1916	1927
Chingford Station	1534	1546	1559	1611	1623	1635	1647	1659				1823	1833	1843	1853	1903	1913	1923	1934
Barking London Road	1900	1915	1930	1950	2010	2030			50	10	30				2350	0010	0030	0050	
Barking Station	1902	1917	1932	1952	2012	2032			Then	52	12	32			2352	0012	0032	0052	
Ilford Lane Loxford Lane	1905	1920	1935	1955	2015	2034			every 20	54	14	34			2354	0014	0034	0054	
Ilford Station	1913	1928	1942	2002	2022	2041			minutes	01	21	41			0001	0020	0040	0100	
Gants Hill Station	1920	1935	1949	2009	2028	2047			at these	07	27	47	until		0007	0025	0045	0105	
South Woodford Charlie Brown's Rbt.	1928	1942	1956	2016	2035	2054			minutes	14	34	54			0014	0031	0051	0111	
South Woodford Stn. George Lane	1932	1946	1959	2019	2038	2057			past	17	37	57			0017	0034	0054	0114	
Woodford Green Castle	1939	1952	2005	2024	2043	2102			the hour	22	42	02			0022	0039	0059	0119	
Woodford Wells Horse & Well	1941	1954	2007	2026	2045	2104				24	44	04			0024	0041	0101	0121	
Chingford Station	1947	2000	2013	2032	2051	2110				30	50	10			0030	0047	0107	0127	



179		Saturdays (also Good Friday)																	
Barking London Road	0500		20	40	00	0700	0719	0733	0747	0801	0814	0825	0836	0847	0858	0909	0920		
Barking Station	0502	<i>Then</i>	22	42	02	0702	0721	0735	0749	0803	0816	0827	0839	0850	0901	0912	0923		
Ilford Lane Loxford Lane	0505	<i>every 20</i>	25	45	05	0705	0724	0738	0752	0806	0819	0830	0842	0853	0904	0915	0926		
Ilford Station	0510	<i>minutes</i>	30	50	10	0710	0730	0744	0758	0813	0826	0837	0849	0900	0912	0923	0934		
Gants Hill Station	0516	<i>at these</i>	36	56	16	<i>until</i>	0716	0736	0751	0805	0820	0833	0844	0856	0907	0919	0930	0942	
South Woodford Charlie Brown's Rbt.	0522	<i>minutes</i>	42	02	22	0722	0742	0757	0811	0826	0839	0850	0902	0914	0926	0938	0950		
South Woodford Stn. George Lane	0525	<i>past</i>	45	05	25	0725	0745	0800	0814	0829	0843	0854	0906	0918	0930	0942	0954		
Woodford Green Castle	0530	<i>the hour</i>	50	10	30	0730	0750	0805	0820	0835	0849	0901	0913	0925	0937	0949	1001		
Woodford Wells Horse & Well	0532		52	12	32	0732	0752	0807	0822	0837	0851	0903	0915	0927	0939	0952	1004		
Chingford Station	0538		58	18	38	0738	0758	0813	0828	0843	0857	0909	0921	0934	0946	0959	1011		
Barking London Road	0931	0942				1642	1654	1706	1718	1730	1742	1754	1806	1818	1830	1845	1900	1915	1930
Barking Station	0934	0945				1645	1657	1709	1721	1733	1745	1757	1808	1820	1832	1847	1902	1917	1932
Ilford Lane Loxford Lane	0937	0948				1648	1700	1712	1724	1736	1748	1800	1811	1823	1835	1850	1905	1920	1934
Ilford Station	0946	0958	<i>Then</i>			1658	1710	1722	1733	1745	1757	1809	1820	1831	1843	1857	1912	1927	1941
Gants Hill Station	0954	1006	<i>every 12</i>			1706	1718	1730	1741	1753	1805	1817	1828	1839	1850	1904	1919	1933	1947
South Woodford Charlie Brown's Rbt.	1002	1014	<i>minutes</i>			1714	1726	1738	1749	1801	1813	1824	1835	1846	1857	1911	1926	1940	1954
South Woodford Stn. George Lane	1006	1018	<i>until</i>			1718	1730	1742	1753	1805	1817	1828	1839	1850	1901	1914	1929	1943	1957
Woodford Green Castle	1013	1025				1725	1737	1749	1800	1811	1823	1834	1845	1856	1907	1920	1934	1948	2002
Woodford Wells Horse & Well	1016	1028				1728	1740	1751	1802	1813	1825	1836	1847	1858	1909	1922	1936	1950	2004
Chingford Station	1024	1036				1736	1747	1758	1809	1820	1831	1842	1853	1904	1915	1928	1942	1956	2010
Barking London Road	1950		10	30	50	2350	0010	0030	0050										
Barking Station	1952	<i>Then</i>	12	32	52	2352	0012	0032	0052										
Ilford Lane Loxford Lane	1954	<i>every 20</i>	14	34	54	2354	0014	0034	0054										
Ilford Station	2001	<i>minutes</i>	21	41	01	0001	0020	0040	0100										
Gants Hill Station	2007	<i>at these</i>	27	47	07	<i>until</i>	0007	0025	0045	0105									
South Woodford Charlie Brown's Rbt.	2014	<i>minutes</i>	34	54	14	0014	0031	0051	0111										
South Woodford Stn. George Lane	2017	<i>past</i>	37	57	17	0017	0034	0054	0114										
Woodford Green Castle	2022	<i>the hour</i>	42	02	22	0022	0039	0059	0119										
Woodford Wells Horse & Well	2024		44	04	24	0024	0041	0101	0121										
Chingford Station	2030		50	10	30	0030	0047	0107	0127										
179		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Barking London Road	0647	0717	0747	0817	0847	0907	0927	0947	1006	1025	1044	1103	1122	1141	1200	<i>Then</i>	1620	1640	
Barking Station	0649	0719	0749	0819	0849	0909	0929	0949	1008	1027	1046	1105	1124	1144	1203	<i>every</i>	1623	1643	
Ilford Lane Loxford Lane	0652	0722	0752	0822	0852	0912	0932	0952	1011	1030	1049	1108	1127	1147	1206	<i>20</i>	1626	1646	
Ilford Station	0657	0727	0757	0827	0858	0918	0939	0959	1018	1037	1057	1116	1135	1155	1215	<i>mins.</i>	1635	1655	
Gants Hill Station	0703	0733	0803	0833	0904	0924	0945	1006	1025	1044	1104	1124	1143	1203	1223	<i>until</i>	1643	1703	
South Woodford Charlie Brown's Rbt.	0709	0739	0809	0839	0910	0930	0951	1012	1032	1051	1111	1131	1150	1210	1230		1650	1710	
South Woodford Stn. George Lane	0712	0742	0812	0842	0913	0933	0954	1015	1035	1054	1114	1134	1154	1214	1234		1654	1714	
Woodford Green Castle	0717	0747	0817	0847	0918	0939	1000	1021	1041	1101	1121	1141	1201	1221	1241		1701	1720	
Woodford Wells Horse & Well	0719	0749	0819	0849	0920	0941	1002	1023	1043	1103	1123	1143	1203	1223	1243		1703	1722	
Chingford Station	0725	0755	0825	0855	0926	0947	1008	1029	1050	1110	1130	1150	1210	1230	1250		1710	1729	
Barking London Road	1700	1720	1740	1800	1820	1840	1900	1915	1930	<i>Then</i>	50	10	30	2350	0010	0030	0050		
Barking Station	1703	1723	1743	1803	1822	1842	1902	1917	1932	<i>every 20</i>	52	12	32	2352	0012	0032	0052		
Ilford Lane Loxford Lane	1706	1726	1746	1806	1825	1845	1905	1920	1934	<i>minutes</i>	54	14	34	2354	0014	0034	0054		
Ilford Station	1715	1735	1754	1814	1833	1853	1912	1927	1941	<i>at these</i>	01	21	41	0001	0020	0040	0100		
Gants Hill Station	1723	1743	1802	1821	1840	1900	1919	1933	1947	<i>minutes</i>	07	27	47	<i>until</i>	0007	0025	0045	0105	
South Woodford Charlie Brown's Rbt.	1730	1750	1809	1828	1847	1907	1926	1940	1954	<i>past</i>	14	34	54	0014	0031	0051	0111		
South Woodford Stn. George Lane	1734	1753	1812	1831	1850	1910	1929	1943	1957	<i>the hour</i>	17	37	57	0017	0034	0054	0114		
Woodford Green Castle	1740	1759	1818	1837	1856	1915	1934	1948	2002		22	42	02	0022	0039	0059	0119		
Woodford Wells Horse & Well	1742	1801	1820	1839	1858	1917	1936	1950	2004		24	44	04	0024	0041	0101	0121		
Chingford Station	1748	1807	1826	1845	1904	1923	1942	1956	2010		30	50	10	0030	0047	0107	0127		