

165 Mondays to Fridays																		
Abbey Wood Lane	0440		0540	0555	0607	0619	0631			0941			1429		1723	1736		
Chandlers Corner	0445		0545	0600	0612	0624	0636			0946			1434		1728	1741		
Rainham War Memorial	0448		0548	0603	0615	0627	0639		Then	0949			1437	Then	1731	1744		
South Hornchurch Cherry Tree	0453	Then	0553	0608	0621	0633	0645		about	0956	Then		1444	about	1739	1752		
Elm Park Station	0459	every 15	0559	0614	0627	0640	0652		every 12	1004	every 12		1452	every 12	1747	1800		
Hornchurch Town Centre	0507	minutes	0607	0622	0635	0648	0700		minutes	1013	minutes		1501	minutes	1757	1810		
Gidea Park The Drill	0512	until	0612	0627	0640	0654	0707		until	1019	until		1507	until	1805	1818		
Romford Station	0517		0617	0633	0646	0700	0713			1026			1514		1813	1826		
Romford Market	0520		0620	0636	0649	0703	0716			1030			1518		1817	1830		
Romford Brewery	0522		0622	0638	0651	0705	0718			1033			1521		1820	1832		
Abbey Wood Lane	1749	1801	1813	1825	1837	1852	1907	1922	1937	1952	2007	2022		42	02	22	0022	
Chandlers Corner	1754	1806	1818	1830	1842	1857	1912	1927	1942	1957	2012	2027	Then	47	07	27	0027	
Rainham War Memorial	1757	1809	1821	1833	1845	1900	1915	1930	1945	2000	2015	2030	every 20	50	10	30	0030	
South Hornchurch Cherry Tree	1805	1817	1829	1841	1853	1908	1922	1936	1951	2006	2021	2036	minutes	56	16	36	0036	
Elm Park Station	1813	1825	1837	1848	1900	1915	1929	1943	1958	2012	2027	2042	at these	02	22	42	until 0042	
Hornchurch Town Centre	1823	1834	1846	1856	1908	1923	1937	1951	2006	2020	2035	2050	minutes	10	30	50	0050	
Gidea Park The Drill	1830	1841	1853	1903	1915	1930	1944	1958	2012	2026	2041	2056	past	16	36	56	0056	
Romford Station	1838	1849	1900	1910	1922	1936	1950	2004	2018	2032	2047	2102	the hour	22	42	02	0102	
Romford Market	1842	1853	1904	1914	1925	1939	1953	2007	2021	2035	2050	2105		25	45	05	0105	
Romford Brewery	1844	1855	1906	1916	1927	1941	1955	2009	2023	2037	2052	2107		27	47	07	0107	
165 Saturdays (also Good Friday)																		
Abbey Wood Lane	0440		0710	0725	0740	0755	0810	0821	0832	0844	0855	0906	0917	0929	0940	0951	1002	
Chandlers Corner	0445		0715	0730	0745	0800	0815	0826	0837	0849	0900	0911	0922	0934	0945	0956	1008	
Rainham War Memorial	0448		0718	0733	0748	0803	0818	0829	0840	0852	0903	0914	0925	0937	0948	0959	1011	
South Hornchurch Cherry Tree	0453	Then	0723	0739	0754	0809	0824	0836	0847	0859	0910	0921	0932	0944	0955	1007	1019	
Elm Park Station	0459	every 15	0729	0745	0800	0815	0831	0843	0854	0906	0918	0929	0940	0952	1003	1015	1027	
Hornchurch Town Centre	0507	minutes	0737	0753	0808	0823	0839	0851	0903	0915	0927	0938	0949	1001	1013	1025	1037	
Gidea Park The Drill	0512	until	0742	0758	0813	0828	0845	0857	0909	0921	0933	0945	0956	1008	1020	1032	1044	
Romford Station	0517		0747	0803	0819	0834	0852	0904	0916	0928	0940	0952	1004	1016	1028	1040	1052	
Romford Market	0520		0750	0806	0822	0838	0856	0908	0920	0932	0944	0956	1008	1020	1032	1044	1056	
Romford Brewery	0522		0752	0808	0824	0841	0859	0911	0923	0935	0947	0959	1011	1023	1035	1047	1059	
Abbey Wood Lane	1014		1702	1715	1728	1742	1755	1809	1822	1834	1847	1902	1917	1932	1947	2002	0022	
Chandlers Corner	1020		1708	1721	1733	1747	1800	1814	1827	1839	1852	1907	1922	1937	1952	2007	0027	
Rainham War Memorial	1023	Then	1711	1724	1736	1750	1803	1817	1830	1842	1855	1910	1925	1940	1955	2010	Then 0030	
South Hornchurch Cherry Tree	1031	every	1719	1732	1744	1758	1810	1824	1836	1848	1901	1916	1931	1946	2001	2016	every 0036	
Elm Park Station	1039	12	1727	1740	1752	1805	1817	1831	1843	1855	1908	1923	1938	1953	2007	2022	20	0042
Hornchurch Town Centre	1049	mins.	1737	1750	1802	1814	1826	1840	1852	1904	1917	1932	1947	2002	2016	2030	mins.	0050
Gidea Park The Drill	1056	until	1744	1757	1809	1821	1833	1846	1858	1910	1923	1938	1953	2008	2022	2036	until	0056
Romford Station	1104		1752	1804	1816	1828	1840	1853	1905	1917	1930	1945	1959	2014	2028	2042		0102
Romford Market	1108		1756	1808	1820	1832	1844	1857	1909	1921	1933	1948	2002	2017	2031	2045		0105
Romford Brewery	1111		1759	1811	1823	1835	1847	1859	1911	1923	1935	1950	2004	2019	2033	2047		0107
165 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Abbey Wood Lane	0545		0805	0824	0843	0903	0922	0941	1000	1019	1038	1058	1117	1136			1656	
Chandlers Corner	0550		0810	0829	0848	0908	0927	0946	1005	1024	1043	1103	1122	1141			1701	
Rainham War Memorial	0553		0813	0832	0851	0911	0930	0949	1008	1027	1046	1106	1125	1144			1704	
South Hornchurch Cherry Tree	0558	Then	0818	0838	0857	0917	0936	0955	1014	1033	1053	1113	1132	1151		Then	1711	
Elm Park Station	0604	every 20	0824	0844	0903	0923	0942	1001	1020	1040	1100	1120	1139	1158		every 20	1718	
Hornchurch Town Centre	0612	minutes	0832	0852	0911	0931	0950	1009	1028	1048	1108	1128	1147	1207		minutes	1727	
Gidea Park The Drill	0617	until	0837	0857	0916	0936	0956	1015	1034	1054	1114	1134	1153	1213		until	1733	
Romford Station	0622		0842	0902	0922	0942	1002	1021	1040	1100	1120	1140	1200	1220			1740	
Romford Market	0625		0845	0905	0925	0945	1005	1025	1044	1104	1124	1144	1204	1224			1744	
Romford Brewery	0627		0847	0907	0927	0947	1007	1027	1047	1107	1127	1147	1207	1227			1747	
Abbey Wood Lane	1717	1737	1759	1820	1841	1902			22	42	02						0022	
Chandlers Corner	1722	1742	1804	1825	1846	1907		Then	27	47	07						0027	
Rainham War Memorial	1725	1745	1807	1828	1849	1910		every 20	30	50	10						0030	
South Hornchurch Cherry Tree	1732	1752	1813	1834	1855	1916		minutes	36	56	16						0036	
Elm Park Station	1739	1759	1820	1841	1901	1922		at these	42	02	22	until					0042	
Hornchurch Town Centre	1748	1808	1829	1849	1909	1930		minutes	50	10	30						0050	
Gidea Park The Drill	1754	1814	1835	1855	1915	1936		past	56	16	36						0056	
Romford Station	1800	1820	1841	1901	1921	1942		the hour	02	22	42						0102	
Romford Market	1804	1824	1845	1905	1925	1945			05	25	45						0105	
Romford Brewery	1807	1827	1847	1907	1927	1947			07	27	47						0107	

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# Romford – Elm Park – Rainham

165 Mondays to Fridays				
Romford Brewery	0505 0520 0535 0550 0605 0620 0634 0647 0659 0710		0931	1443 1455 1507
Romford Market	0508 0523 0538 0553 0608 0623 0637 0650 0702 0713		0934	1446 1458 1510
Romford Station	0511 0526 0541 0556 0611 0626 0640 0653 0706 0717	Then	0939	1451 1503 1515
Gidea Park The Drill	0516 0531 0546 0601 0616 0631 0646 0659 0712 0724	about	0946	1458 1510 1522
Hornchurch Town Centre	0522 0537 0552 0607 0622 0638 0653 0706 0719 0731	every 12	0954	1506 1518 1530
Elm Park Station	0529 0544 0559 0614 0629 0645 0700 0714 0727 0740	minutes	1002	1514 1526 1538
South Hornchurch Cherry Tree	0535 0550 0605 0620 0635 0651 0707 0721 0735 0748	until	1009	1521 1534 1546
Rainham War Memorial	0540 0555 0610 0625 0641 0658 0714 0729 0743 0756		1016	1528 1541 1554
Chandlers Corner	0543 0558 0613 0628 0644 0701 0717 0732 0746 0759		1019	1531 1544 1557
Abbey Wood Lane	0547 0602 0617 0632 0649 0706 0722 0737 0751 0804		1024	1536 1549 1602

SD					
Romford Brewery	1519 1531 1541 1553 1600 1605		1904 1917 1932 1947 2002 2017 2032 2052		0112
Romford Market	1522 1534 1545 1557 1604 1609		1908 1920 1935 1950 2005 2020 2035 2055		0115
Romford Station	1527 1539 1550 1602 1609 1614	Then	1913 1925 1939 1954 2009 2024 2039 2059	Then	0119
Gidea Park The Drill	1534 1546 1557 1609 1616 1621	about	1919 1931 1945 2000 2015 2029 2044 2104	every	0124
Hornchurch Town Centre	1542 1554 1606 1618 1625 1630	every 12	1926 1938 1952 2006 2021 2035 2050 2110	20	0130
Elm Park Station	1550 1602 1614 1626 1633 1638	minutes	1934 1946 2000 2014 2029 2043 2058 2117	mins.	0137
South Hornchurch Cherry Tree	1558 1610 1622 1634 1641 1646	until	1941 1953 2007 2021 2036 2050 2105 2124	until	0144
Rainham War Memorial	1606 1618 1630 1642 1649 1654		1948 1959 2013 2027 2042 2056 2111 2130		0150
Chandlers Corner	1609 1621 1633 1645 1652 1657		1950 2001 2015 2029 2044 2058 2113 2132		0152
Abbey Wood Lane	1614 1627 1639 1651 1658 1703		1955 2006 2020 2034 2049 2103 2118 2137		0157

165 Saturdays (also Good Friday)						
Romford Brewery	0505		0735 0750 0805 0819 0830 0841 0853		1021	1645 1658 1711
Romford Market	0508		0738 0753 0808 0822 0833 0844 0856		1024	1648 1701 1714
Romford Station	0511		0741 0756 0811 0825 0836 0847 0859	Then	1029	1653 1706 1719
Gidea Park The Drill	0516	Then	0746 0801 0816 0830 0842 0853 0905	about	1037	1701 1714 1727
Hornchurch Town Centre	0522	every 15	0752 0807 0822 0836 0848 0859 0911	every 12	1045	1709 1722 1735
Elm Park Station	0529	minutes	0759 0814 0829 0844 0856 0908 0920	minutes	1055	1719 1732 1745
South Hornchurch Cherry Tree	0535	until	0805 0820 0836 0851 0903 0915 0927	until	1103	1727 1739 1752
Rainham War Memorial	0540		0810 0826 0842 0857 0910 0922 0935		1111	1735 1747 1759
Chandlers Corner	0542		0812 0828 0844 0859 0912 0925 0938		1114	1738 1750 1802
Abbey Wood Lane	0547		0817 0833 0849 0904 0917 0930 0943		1119	1743 1755 1807

Romford Brewery	1724 1737 1750 1802 1814 1826 1838 1850 1902 1917 1932 1947 2002 2017 2032					0112
Romford Market	1727 1740 1753 1805 1817 1829 1841 1853 1905 1920 1935 1950 2005 2020 2035					0115
Romford Station	1732 1745 1758 1810 1822 1833 1845 1857 1909 1924 1939 1954 2009 2024 2039					0119
Gidea Park The Drill	1740 1753 1805 1816 1828 1839 1851 1903 1915 1929 1944 1959 2014 2029 2044	Then				0124
Hornchurch Town Centre	1747 1800 1812 1823 1835 1846 1858 1910 1922 1935 1950 2005 2020 2035 2050	every 20				0130
Elm Park Station	1757 1809 1821 1832 1844 1855 1906 1918 1930 1943 1958 2013 2027 2042 2057	minutes				0137
South Hornchurch Cherry Tree	1804 1816 1828 1839 1851 1902 1913 1925 1937 1950 2005 2020 2034 2049 2104	until				0144
Rainham War Memorial	1811 1823 1835 1846 1858 1909 1920 1931 1943 1956 2011 2026 2040 2055 2110					0150
Chandlers Corner	1814 1826 1838 1849 1900 1911 1922 1933 1945 1958 2013 2028 2042 2057 2112					0152
Abbey Wood Lane	1819 1831 1843 1854 1905 1916 1927 1938 1950 2003 2018 2033 2047 2102 2117					0157

165 Sundays and other Public Holidays (except Christmas Day and Boxing Day) (cont.)					
Romford Brewery	0600		0800 0820 0840 0900 0920 0940 0959 1019 1039 1058 1117 1137 1157 1216 1236		
Romford Market	0603		0803 0823 0843 0903 0923 0943 1002 1022 1042 1101 1120 1140 1200 1219 1239		
Romford Station	0606		0806 0826 0846 0906 0926 0946 1005 1025 1045 1104 1124 1144 1204 1223 1243		
Gidea Park The Drill	0611	Then	0811 0831 0851 0912 0932 0952 1011 1031 1051 1110 1130 1150 1210 1229 1249		
Hornchurch Town Centre	0617	every 20	0817 0837 0857 0918 0938 0958 1017 1037 1057 1117 1137 1157 1217 1237 1257		
Elm Park Station	0624	minutes	0824 0844 0904 0925 0945 1005 1025 1045 1105 1125 1145 1205 1225 1245 1305		
South Hornchurch Cherry Tree	0630	until	0830 0850 0910 0931 0952 1012 1032 1052 1112 1132 1152 1212 1232 1252 1312		
Rainham War Memorial	0635		0835 0856 0916 0937 0958 1018 1038 1058 1118 1138 1158 1218 1239 1259 1319		
Chandlers Corner	0637		0837 0858 0918 0939 1000 1020 1040 1101 1121 1141 1201 1221 1242 1302 1322		
Abbey Wood Lane	0642		0842 0903 0923 0944 1005 1025 1045 1106 1126 1146 1206 1226 1247 1307 1327		

Romford Brewery	1256		1656 1716 1736 1756 1816 1836 1854 1914 1932 1952		0112
Romford Market	1259		1659 1719 1739 1759 1819 1839 1857 1917 1935 1955		0115
Romford Station	1303		1703 1723 1743 1803 1823 1843 1901 1921 1939 1959		0119
Gidea Park The Drill	1309	Then	1709 1729 1749 1809 1829 1849 1907 1927 1945 2004	Then	0124
Hornchurch Town Centre	1317	every 20	1717 1737 1757 1816 1836 1856 1914 1933 1951 2010	every 20	0130
Elm Park Station	1325	minutes	1725 1745 1805 1824 1843 1903 1921 1940 1958 2017	minutes	0137
South Hornchurch Cherry Tree	1332	until	1732 1752 1812 1831 1850 1910 1928 1947 2005 2024	until	0144
Rainham War Memorial	1339		1739 1758 1818 1837 1856 1916 1934 1953 2011 2030		0150
Chandlers Corner	1342		1742 1801 1821 1840 1859 1919 1936 1955 2013 2032		0152
Abbey Wood Lane	1347		1747 1806 1826 1845 1904 1924 1941 2000 2018 2037		0157

Note: SD - runs on school days only