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## Chigwell Row – Ilford – Becontree Heath

150		Mondays to Fridays																				
Chigwell Row Maypole	0505	0525	0545	0605	0622	0634	0645	0656	0706	0716	0726	0736	0746	0757	0808	0820	0832	0844				
Hainault Station	0512	0532	0552	0612	0629	0641	0652	0703	0713	0723	0734	0744	0754	0805	0817	0829	0841	0853				
Barkingside Chequers	0519	0539	0559	0619	0636	0648	0659	0710	0721	0731	0742	0752	0802	0813	0825	0837	0849	0901				
Gants Hill Station	0524	0544	0604	0624	0642	0654	0705	0717	0728	0738	0749	0800	0810	0822	0834	0846	0858	0910				
Ilford Station	0530	0550	0610	0630	0648	0701	0712	0724	0735	0746	0757	0808	0819	0831	0843	0855	0907	0919				
Ilford High Road Hainault Street	0534	0554	0614	0634	0653	0706	0717	0729	0740	0751	0802	0813	0824	0836	0848	0900	0912	0924				
Goodmayes Lord Napier	0540	0600	0620	0640	0659	0712	0723	0735	0747	0759	0811	0822	0833	0845	0857	0908	0920	0931				
Becontree Heath Ship & Anchor	0547	0607	0627	0647	0706	0719	0731	0743	0755	0807	0819	0831	0843	0855	0907	0918	0929	0940				
										SD												
Chigwell Row Maypole	0856	0909	0921	0934	0946	0959	1012	Then every 12 minutes until			1424	1436	1448	1500	1512	1523	--	1534	1545			
Hainault The Lowe	↓	↓	↓	↓	↓	↓	↓				↓	↓	↓	↓	↓	↓	↓	↓	1532	↓	↓	
Hainault Station	0905	0918	0929	0942	0954	1007	1020				1432	1444	1456	1508	1520	1531	1536	1541	1552			
Barkingside Chequers	0913	0926	0937	0950	1002	1014	1027				1439	1451	1503	1515	1527	1538	1543	1549	1600			
Gants Hill Station	0922	0934	0946	0958	1009	1021	1034				1446	1458	1510	1522	1534	1545	1550	1556	1608			
Ilford Station	0931	0942	0953	1006	1017	1029	1041				1453	1505	1517	1529	1541	1553	1558	1604	1616			
Ilford High Road Hainault Street	0936	0947	0958	1011	1022	1034	1046				1458	1510	1522	1534	1546	1558	1604	1610	1622			
Goodmayes Lord Napier	0943	0954	1005	1018	1029	1041	1053				1505	1517	1530	1542	1555	1607	1613	1619	1631			
Becontree Heath Ship & Anchor	0952	1003	1014	1026	1037	1049	1101	1513	1526	1539	1552	1605	1617	1623	1629	1641						
Chigwell Row Maypole	1557	Then every 12 minutes until		1733	1745	1757	1809	1821	1834	1847	1900	1913	1927	1942	1957	Then every 20 minutes until		2357				
Hainault Station	1605			1741	1753	1805	1817	1829	1841	1854	1907	1920	1934	1949	2004			0004				
Barkingside Chequers	1613			1749	1801	1813	1825	1837	1849	1902	1915	1928	1941	1956	2011			0011				
Gants Hill Station	1621			1757	1809	1821	1833	1845	1857	1910	1922	1935	1947	2002	2017			0017				
Ilford Station	1629			1805	1817	1829	1841	1853	1905	1917	1929	1941	1953	2008	2023			0023				
Ilford High Road Hainault Street	1635			1811	1823	1835	1847	1859	1910	1922	1934	1946	1958	2013	2028			0028				
Goodmayes Lord Napier	1644			1820	1832	1844	1855	1906	1917	1929	1941	1953	2005	2020	2035			0035				
Becontree Heath Ship & Anchor	1654			1830	1841	1852	1903	1914	1925	1937	1949	2000	2012	2027	2042			0042				
150		Saturdays (also Good Friday)																				
Chigwell Row Maypole	0505	0535	Then every 20 minutes until		0655	0710	0725	0740	0755	0809	0820	0831	0842	0853	0904	0916	0927	0939				
Hainault Station	0512	0542			0702	0717	0732	0747	0802	0816	0827	0838	0849	0900	0911	0923	0934	0946				
Barkingside Chequers	0519	0549			0709	0724	0739	0754	0809	0823	0834	0845	0856	0907	0918	0930	0941	0953				
Gants Hill Station	0524	0554			0714	0729	0744	0800	0815	0829	0840	0851	0902	0914	0925	0937	0948	1000				
Ilford Station	0530	0600			0720	0735	0750	0806	0821	0836	0847	0858	0909	0921	0932	0944	0955	1007				
Ilford High Road Hainault Street	0534	0604			0724	0739	0754	0810	0826	0840	0852	0903	0914	0926	0937	0949	1000	1012				
Goodmayes Lord Napier	0540	0610			0730	0745	0800	0816	0832	0847	0859	0910	0922	0934	0945	0958	1009	1021				
Becontree Heath Ship & Anchor	0547	0617			0737	0752	0807	0823	0839	0854	0906	0918	0930	0942	0954	1007	1018	1030				
Chigwell Row Maypole	0951	Then every 12 minutes until		1715	1727	1739	1752	1807	1822	1837	1852	1907	1922	1937	Then every 20 minutes until		2357					
Hainault Station	0958			1722	1734	1746	1759	1814	1829	1844	1859	1914	1929	1944			0004					
Barkingside Chequers	1005			1729	1741	1753	1806	1821	1836	1851	1906	1921	1936	1951			0011					
Gants Hill Station	1012			1736	1748	1800	1813	1828	1843	1858	1912	1927	1942	1957			0017					
Ilford Station	1019			1743	1755	1807	1820	1835	1850	1904	1918	1933	1948	2003			0023					
Ilford High Road Hainault Street	1024			1748	1800	1812	1825	1840	1855	1909	1923	1938	1953	2008			0028					
Goodmayes Lord Napier	1033			1757	1809	1820	1833	1848	1902	1916	1930	1945	2000	2015			0035					
Becontree Heath Ship & Anchor	1042			1806	1817	1828	1840	1855	1909	1923	1937	1952	2007	2022			0042					
150		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Chigwell Row Maypole	0535	0605	0635	0702	Then every 20 minutes until			0822	0841	0900	0919	0938	0957	Then every 20 minutes until					1657	1717	1737	1757
Hainault Station	0542	0612	0642	0709				0829	0848	0907	0926	0945	1004						1704	1724	1744	1804
Barkingside Chequers	0549	0619	0649	0716				0836	0855	0914	0933	0952	1011						1711	1731	1751	1811
Gants Hill Station	0554	0624	0654	0721				0841	0900	0919	0938	0957	1017						1717	1737	1757	1817
Ilford Station	0600	0630	0700	0727				0847	0906	0925	0944	1004	1024						1724	1743	1803	1823
Ilford High Road Hainault Street	0604	0634	0704	0731				0851	0911	0930	0949	1009	1029						1729	1748	1808	1828
Goodmayes Lord Napier	0610	0640	0710	0737				0857	0917	0937	0956	1016	1036						1736	1755	1815	1835
Becontree Heath Ship & Anchor	0617	0647	0717	0744				0904	0924	0944	1004	1024	1044						1744	1803	1823	1842
Chigwell Row Maypole	1817	Then every 20 minutes until		2357																		
Hainault Station	1824			0004																		
Barkingside Chequers	1831			0011																		
Gants Hill Station	1837			0017																		
Ilford Station	1843			0023																		
Ilford High Road Hainault Street	1848			0028																		
Goodmayes Lord Napier	1855			0035																		
Becontree Heath Ship & Anchor	1902			0042																		
Note:		SD - Operates on school days only.																				

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## Becontree Heath – Ilford – Chigwell Row

150		Mondays to Fridays																	
Becontree Heath Ship & Anchor	0520	0540	0600	0618	0630	0643	0655	0707	0719	0730	0740	0751	0802	0814	0826	0838	0850	0903	
Goodmayes Lord Napier	0529	0549	0609	0627	0639	0652	0704	0716	0728	0739	0749	0800	0812	0824	0836	0848	0900	0913	
Ilford High Road Hainault Street	0535	0555	0615	0634	0646	0659	0711	0723	0735	0747	0757	0809	0821	0833	0845	0857	0909	0922	
Ilford Station	0540	0600	0620	0639	0651	0704	0716	0728	0740	0752	0803	0815	0827	0839	0851	0903	0915	0928	
Gants Hill Station	0546	0606	0626	0645	0657	0710	0723	0735	0747	0759	0811	0823	0835	0847	0859	0911	0923	0935	
Barkingside Chequers	0551	0611	0631	0651	0703	0716	0729	0741	0753	0805	0817	0829	0841	0853	0905	0917	0928	0940	
Hainault Station	0558	0618	0638	0658	0710	0723	0737	0749	0802	0814	0827	0839	0851	0903	0914	0926	0937	0949	
Chigwell Row Maypole	0605	0625	0645	0705	0717	0730	0744	0757	0809	0821	0834	0846	0858	0910	0921	0932	0943	0955	
Becontree Heath Ship & Anchor	0915	0928			1416	1428	1440	1452	1504	1515	1526	1537	1548			1736	1748	1801	
Goodmayes Lord Napier	0925	0937			1425	1437	1449	1501	1513	1524	1535	1546	1557			1745	1757	1810	
Ilford High Road Hainault Street	0934	0946	Then		1434	1446	1458	1510	1522	1534	1545	1557	1608	Then		1756	1808	1821	
Ilford Station	0939	0951	every 12		1439	1451	1503	1515	1527	1539	1551	1603	1614	every 12		1802	1814	1827	
Gants Hill Station	0946	0958	minutes		1446	1458	1510	1522	1534	1546	1558	1610	1622	minutes		1810	1822	1834	
Barkingside Chequers	0951	1003	until		1451	1503	1515	1528	1540	1552	1604	1616	1628	until		1816	1828	1840	
Hainault Station	1000	1012			1500	1512	1525	1538	1550	1602	1614	1626	1638			1826	1837	1849	
Chigwell Row Maypole	1006	1018			1506	1519	1532	1545	1557	1609	1621	1633	1645			1833	1844	1856	
Becontree Heath Ship & Anchor	1813	1825	1837	1849	1903	1918	1933	1948	2003			0023							
Goodmayes Lord Napier	1822	1834	1846	1858	1912	1927	1942	1957	2012			0032							
Ilford High Road Hainault Street	1833	1844	1855	1907	1921	1935	1950	2005	2020	Then		0040							
Ilford Station	1839	1850	1901	1913	1927	1941	1955	2010	2025	every 20		0045							
Gants Hill Station	1846	1857	1908	1920	1933	1947	2001	2016	2031	minutes		0051							
Barkingside Chequers	1851	1902	1913	1925	1938	1952	2006	2021	2036	until		0056							
Hainault Station	1900	1911	1922	1933	1945	1959	2013	2028	2043			0103							
Chigwell Row Maypole	1907	1918	1929	1940	1952	2006	2020	2035	2050			0110							
150		Saturdays (also Good Friday)																	
Becontree Heath Ship & Anchor	0520				0700	0715	0730	0745	0759	0813	0827	0841	0852	0903	0914			1714	1727
Goodmayes Lord Napier	0529				0709	0724	0739	0754	0808	0822	0836	0850	0902	0913	0924			1724	1737
Ilford High Road Hainault Street	0535	Then			0715	0730	0746	0801	0816	0830	0845	0859	0911	0922	0934	Then		1734	1747
Ilford Station	0540	every 20			0720	0735	0751	0806	0821	0835	0850	0904	0916	0928	0940	every 12		1740	1753
Gants Hill Station	0546	minutes			0726	0741	0757	0813	0828	0842	0857	0911	0923	0935	0947	minutes		1747	1800
Barkingside Chequers	0551	until			0731	0746	0802	0818	0833	0848	0903	0917	0929	0941	0953	until		1753	1806
Hainault Station	0558				0738	0753	0809	0825	0840	0855	0910	0925	0937	0949	1001			1801	1813
Chigwell Row Maypole	0605				0745	0800	0816	0832	0847	0902	0917	0932	0944	0956	1008			1808	1820
Becontree Heath Ship & Anchor	1740	1753	1808	1823	1838	1853	1908	1923				0023							
Goodmayes Lord Napier	1750	1802	1817	1832	1847	1902	1917	1932				0032							
Ilford High Road Hainault Street	1759	1811	1826	1841	1856	1910	1925	1940	Then			0040							
Ilford Station	1805	1817	1832	1847	1902	1916	1930	1945	every 20			0045							
Gants Hill Station	1812	1824	1839	1854	1908	1922	1936	1951	minutes			0051							
Barkingside Chequers	1818	1830	1844	1859	1913	1927	1941	1956	until			0056							
Hainault Station	1825	1837	1851	1906	1920	1934	1948	2003				0103							
Chigwell Row Maypole	1832	1844	1858	1913	1927	1941	1955	2010				0110							
150		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Becontree Heath Ship & Anchor	0545	0615	0645			0825	0844	0903	0922	0941			1721	1742	1802	1823	1843	1903	
Goodmayes Lord Napier	0554	0624	0654			0834	0853	0912	0931	0950			1730	1751	1811	1832	1852	1912	
Ilford High Road Hainault Street	0600	0630	0700	Then		0840	0900	0919	0938	0958	Then		1738	1759	1819	1840	1900	1920	
Ilford Station	0605	0635	0705	every 20		0845	0905	0924	0943	1003	every 20		1743	1804	1824	1845	1905	1925	
Gants Hill Station	0611	0641	0711	minutes		0851	0911	0930	0949	1009	minutes		1749	1810	1830	1851	1911	1931	
Barkingside Chequers	0616	0646	0716	until		0856	0916	0935	0955	1015	until		1755	1816	1836	1856	1916	1936	
Hainault Station	0623	0653	0723			0903	0923	0943	1003	1023			1803	1823	1843	1903	1923	1943	
Chigwell Row Maypole	0630	0700	0730			0910	0930	0950	1010	1030			1810	1830	1850	1910	1930	1950	
Becontree Heath Ship & Anchor	1923					0023													
Goodmayes Lord Napier	1932					0032													
Ilford High Road Hainault Street	1940	Then				0040													
Ilford Station	1945	every 20				0045													
Gants Hill Station	1951	minutes				0051													
Barkingside Chequers	1956	until				0056													
Hainault Station	2003					0103													
Chigwell Row Maypole	2010					0110													